Building a model of clinical care around clients' best hopes for change and desired outcomes: Where are you now, where do you want to go, and how do we get there?

from page 8

References, links and resources

[1] York A, Kingsbury S. The Choice and Partnership Approach: A Guide to CAPA. London, UK: CAMHS Network; 2009.

[2] York, A., Kingsbury, S. The Choice and Partnership Approach: a service transformation model. London, UK: CAMHS Network; 2016.

[3] Clark S, Emberly D, Pajer K, et al. Improving Access to Child and Adolescent Mental Health Care: The Choice and Partnership Approach. *J Can Acad Child Adolesc Psychiatry.*2018;27(1):5-14.

[4] Clark, S., Cloutier, P., Polihronis, C., Cappelli, M. (2019). Evaluating the HEADS-ED screening tool in a hospital-based mental health and addictions central referral intake system: A prospective cohort study. *Hospital Pediatrics,* 9:2.

[5] Ryan, R. M., Patrick, H., Deci, E. L., & Williams, G. C. (2008). Facilitating health behaviour change and its maintenance: Interventions based on self-determination theory. *European Health Psychologist,* 10(1), 2-5.

[6] Hofmann, S., & Hayes, S. (2018). The future of intervention science: Process-based therapy. Clinical Psychological Science, 1-14.

[7] Brown, A., Ford, T., Deighton, J. & Wolpert, W. (2014) Satisfaction in Child and Adolescent Mental Health Services. Administration and Policy in Mental Health and Mental Health Services Research. 41 (4), pp. 436-446.

Four different ways of understanding mental illness

from page 10

References, links and resources

1. Clark, L. A., Cuthbert, B., Lewis-Fernández, R., Narrow, W. E., & Reed, G. M. (2017). Three approaches to understanding and classifying mental disorder: ICD-11, DSM-5, and the National Institute of Mental Health's Research Domain Criteria (RDoC). Psychological Science in the Public Interest, 18(2), 72-145.
2. American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing.
3. World Health Organization. (2018). International Classification of Diseases 11th Revision ICD-11 Beta Draft 2017. Im Internet: https://icd. who. int/dev11/lm/en.
4. Insel, T., Cuthbert, B., Garvey, M., Heinssen, R., Pine, D. S., Quinn, K., ... & Wang, P. (2010). Research domain criteria (RDoC): toward a new classification framework for research on mental disorders.
5. Kotov, R., Krueger, R. F., Watson, D., Achenbach, T. M., Althoff, R. R., Bagby, R. M., ... & Eaton, N. R. (2017). The Hierarchical Taxonomy of Psychopathology (HiTOP): A dimensional alternative to traditional nosologies. Journal of abnormal psychology, 126(4), 454.

A glitch in the (RDoC) matrix?

from page 12

References, links and resources

1. Casey, B.J., Craddock, N., Cuthbert, B.N., Hyman, S.E., Lee, F.E., Ressler, K.J. (2013). DSM-5 and RDoC: progress in psychiatry research? *Nat Rev Neurosci, 14*(11), 810-814. doi:10.1038/nrn3621
2. Wakefield, J. C. (2014). Wittgenstein's nightmare: why the RDoC grid needs a conceptual dimension. *World Psychiatry, 13*(1), 38-40. https://doi.org/10.1002/wps.20097
3. Kirmayer, L.J. & Crafa, D. (2014). What kind of science for psychiatry? *Frontiers in Human Neuroscience, 8*(435), 1-12. doi: 10.3389/fnhum.2014.00435
4. Weinberger, D.R., Glick, I.D., & Klein, D.K. (2015). Whither Research Domain Criteria (RDoC)? The good, the bad, and the ugly. *JAMA Psychiatry, 72*(12), 1161-1162. doi: 10.1001/jamapsychiatry.2015.1743
5. Franklin, J.C., Jamieson, J.P., Glenn, C.R., & Nock, M.K. (2015). How developmental psychopathology theory and research can inform the research domain criteria (RDoC) project. *Journal of Clinical Child & Adolescent Psychology, 44*(2), 280-290. doi: 10.1080/15374416.2013.87981
6. Parnas, J. (2014). The RDoC program: psychiatry without psyche? *World Psychiatry 13*(1), 46-47. doi: 10.1002/wps.20101
7. Gordon, J & Teachman, B. (2018). Conversation with NIMH Director Dr. Joshua Gordon on clinical psychological science, and ABCT and NIMH's shared mission to reduce the burden of mental illness. *Association for Behavioral and Cognitive Therapies Convention, Washington (DC).*

Challenges in differential diagnosis and therapeutics

from page 13

References, links and resources

[i] American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders: DSM-5 (5th ed.).* Arlington, VA: Author.

[ii] World Health Organization, International Classification of Diseases website. (cited, available: https://icd.who.int/browse11/l-m/en, Accessed March 2019)

[iii] Mol, S., Arntz, A., Metsemakers, J., Dinant, G., Vilters-van Montfort, P., & Knottnerus, J. (2005). Symptoms of post-traumatic stress disorder after non-traumatic events: Evidence from an open population study. *British Journal of Psychiatry, 186*(6), 494-499. doi:10.1192/bjp.186.6.494

[iv] Holmes, S. C., Facemire, V. C., & DaFonseca, A. M. (2016). Expanding criterion a for posttraumatic stress disorder: Considering the deleterious impact of oppression. *Traumatology, 22*(4), 314-321.

[v] Foa, E. B., Keane, T. M., Friedman, M. J., & Cohen, J. A. (Eds.). (2008). Effective treatments for PTSD: practice guidelines from the International Society for Traumatic Stress Studies. Guilford Press.

[vi] Cook, S. C., Schwartz, A. C., & Kaslow, N. J. (2017). Evidence-Based Psychotherapy: Advantages and Challenges. *Neurotherapeutics : the journal of the American Society for Experimental NeuroTherapeutics*, 14(3), 537-545.

The use of psychiatric classification systems in the Arab region

from page 15

References, links and resources

1. Karam, E.G., et al., *Lifetime prevalence of mental disorders in Lebanon: first onset, treatment, and exposure to war.* Plos medicine, 2008. 5(4): p. e61.
2. Gad, E.M. and T. Shaltout, *Socio-demographic study of obsessive compulsive disorder in Qatar.* Neurosciences, 2004. 9(4): p. 295-298.
3. Zaidan, Z., et al., *Psychiatric morbidity in northern Jordan: A ten-year review.* Journal for scientific research. Medical sciences/Sultan Qaboos University, 2000. 2(1): p. 43.
4. Bouhaouli, L.E.H., Iraqi, Z.; Helzy, S.; Halty, K.; Moussaoui, D; Battas O., *Protective Effect of the Oestrogen Against Schizophrenia?* Arabpsynet EJournal, 2005. 8: p. 150-150.
5. Karam, E.G., et al., *Prevalence and treatment of mental disorders in Lebanon: a national epidemiological survey.* The Lancet, 2006. 367(9515): p. 1000-1006.
6. Zeinoun, P., et al., *Validation of an Arabic multi-informant psychiatric diagnostic interview for children and adolescents: development and Well Being Assessment-Arabic (DAWBA-Arabic).* Compr Psychiatry, 2013. 54(7): p. 1034-41.
7. Okasha, A. and A.S.E. Dawla, *Reliability of ICD 10 research criteria: an Arab perspective.* Acta Psychiatrica Scandinavica, 1992. 86(6): p. 484-488.
8. Okasha, A., *New directions in classification of mental disorders: an Arab perspective.* Instruction to authors, 2011. 22(2): p. 89-94.
9. El Rufaie, O., *Primary care psychiatry: pertinent Arabian perspectives.* 2005.
10. Dwairy, M.A., *Counseling and psychotherapy with Arabs and Muslims: A culturally sensitive approach.* 2006: Teachers College Press.
11. Faiad, Y., et al., *Frequency of use of the International Classification of Diseases ICD-10 diagnostic categories for mental and behavioural disorders across world regions.* Epidemiol Psychiatr Sci, 2018. 27(6): p. 568-576.
12. Khoury, B., N. Loza, and G.M. Reed, *Arab Specificities Arab Voice and Global Connectedness: The Development of Who's New International Classification of Mental Disorders (ICD11).* The Arab Journal of Psychiatry, 2011. 44(2313): p. 1-10.
13. Okasha, A., *Mental health in the Middle East: an Egyptian perspective.* Clinical psychology review, 1999. 19(8): p. 917-933.

Classifying and counting mental disorders in Canada: A brief overview

from page 16

References, links and resources

1. Canada. Board of Registration and Statistics. (1849). *Appendix to first report.* Montreal: S. Derbishire & G. Desbarats.
2. Archives Canada. "Census of 1851." *Library and Archives Canada*, 26 July 2018. Retrieved from www.bac-lac.gc.ca/eng/census/1851/Pages/about-census.aspx, December 28, 2018.
3. Archives Canada. "Census of 1861." *Library and Archives Canada*, 26 July 2018. Retrieved from www.bac-lac.gc.ca/eng/census/1861/Pages/about-census.aspx, December 28, 2018.
4. Archives Canada. "Census of Canada, 1871." *Library and Archives Canada*, 8 Aug. 2018. Retrieved from www.bac-lac.gc.ca/eng/census/1871/Pages/about-census.aspx, December 28, 2019.
5. Archives Canada. "Census of Canada, 1911." *Library and Archives Canada*, 6 Aug. 2018. Retrieved from www.bac-lac.gc.ca/eng/census/1911/Pages/about-census.aspx#c, December 28, 2018.
6. Salmon, T.W., Copp, O., May., J.V., Abbott, E.S., Cotton, H.A. (1917). Report of the Committee on Statistics of the American Medico-Psychological Association. *Proceedings of the American Medico-Psychological Association*, New York, N.Y.: American Medico-Psychological Association, 127-132.
7. Canada. Dominion Bureau of Statistics. (1934). *Annual Report on Mental Institutions of Canada, 1932.* Ottawa: The Branch.
8. Canada. Dominion Bureau of Statistics. (1953). *Mental Institutions, 1950. Nineteenth Annual Report.* Ottawa: The Section, p7.
9. World Health Organization. (1948). *Manual of the International Classification of Diseases, Injuries and Causes of Death: Sixth Revision.* WHO, Geneva, Switzerland.
10. Canada had been actively involved in the development of the Sixth revision. See Wyllie, J. (1949). Report of the Committee on Nomenclature and Nosology, Vital Statistics Section, Canadian Public Health Association. *Canadian Journal of Public Health, 40*(3), 117-130.
11. Spitzer, R. L., & Wilson, P. T. (1968). A guide to the American Psychiatric Association's new diagnostic nomenclature. *American Journal of Psychiatry*, 124(12), 1619-1629. doi.org/10.1176/ajp.124.12.1619
12. World Health Organization. *Manual of the International Classification of Diseases, Injuries and Causes of Death: Based on the Recommendations of the Eighth Revision Conference.* (1965). WHO, Geneva, Switzerland.
13. Junek, R. W. (1983). The DSM-III in Canada: a survey. *Canadian Journal of Psychiatry*, 28(3), 182-187. doi.org/10.1177/070674378302800305
14. World Health Organization. (1992). *The ICD-10 Classification of Mental and Behavioural Disorders: Clinical Descriptions and Diagnostic Guidelines.* WHO, Geneva, Switzerland.
15. www.cihi.ca
16. https://www.cihi.ca/sites/default/files/document/hmhdb-user-documentation-2016-2017-en.pdf
17. For examples of studies in mental health using these data see CIHI reports such as the following: https://secure.cihi.ca/free_products/CIHI%20CYMH%20Final%20for%20pubs_EN_web.pdf https://www.cihi.ca/sites/default/files/document/opioid-related-harms-report-2018-en-web.pdf. For an example of a study using data with ICD-10-CA codes and codes from the DSM, see Barker, L. C., Gruneir, A., Fung, K., Herrmann, N., Kurdyak, P., Lin, E., Rochon, P.A., Seitz, D., Taylor, V.H. & Vigod, S.N (2018). Predicting psychiatric readmission: sex-specific models to predict 30-day readmission following acute psychiatric hospitalization. *Social Psychiatry and Psychiatric Epidemiology*, 53(2), 139-149. doi:10.1007/s00127-017-1450-5.
18. https://icd.who.int/
19. http://www.snomed.org/snomed-ct/five-step-briefing

The World Health Organization's International Classification of Diseases and Related Health Problems (ICD-11) Clinical Descriptions and Diagnostic Guidelines: An evidence- and practice-based nosology

from page 18

References, links and resources

1. American Psychiatric Association (APA). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: American Psychiatric Association, 2013

2. American Psychiatric Association (APA). Diagnostic and statistical manual of mental disorders (3rd ed.). Washington, DC: American Psychiatric Association, 1980

3. World Health Organization. ICD-10 Classifications of Mental and Behavioural Disorder: Clinical Descriptions and Diagnostic Guidelines. Geneva, Switzerland: World Health Organization, 1992.

4. Reed GM, Mendonça Correia J, Esparza P, Saxena S, Maj M. The WPA-WHO Global Survey of Psychiatrists' Attitudes Towards Mental Disorders Classification. World Psychiatry. 2011 Jun;10(2):118-31.

5. Evans SC, Reed GM, Roberts MC, Esparza P, Watts AD, Correia JM, Ritchie P, Maj M, Saxena S. Psychologists' perspectives on the diagnostic classification of mental disorders: results from the WHO-IUPsyS Global Survey. Int J Psychol. 2013;48(3):177-93.

6. Roberts MC, Reed GM, Medina-Mora ME, Keeley JW, Sharan P, Johnson DK, Mari Jde J, Ayuso-Mateos JL, Gureje O, Xiao Z, Maruta T, Khoury B, Robles R, Saxena S. A global clinicians' map of mental disorders to improve ICD-11: analysing meta-structure to enhance clinical utility. Int Rev Psychiatry. 2012 Dec;24(6):578-90.

7. Reed GM, Roberts MC, Keeley J, Hooppell C, Matsumoto C, Sharan P, Robles R, Carvalho H, Wu C, Gureje O, Leal-Leturia I, Flanagan EH, Correia JM, Maruta T, Ayuso-Mateos JL, de Jesus Mari J, Xiao Z, Evans SC, Saxena S, Medina-Mora ME. Mental health professionals' natural taxonomies of mental disorders: implications for the clinical utility of the ICD-11 and the DSM-5. J Clin Psychol. 2013 Dec;69(12):1191-212.

8. First MB, Reed GM, Hyman SE, Saxena S. The development of the ICD-11 Clinical Descriptions and Diagnostic Guidelines for Mental and Behavioural Disorders. World Psychiatry. 14(1):82-90, 2015

9. Brewin, C. R., Cloitre, M., Hyland, P., Shevlin, M., Maercker, A., Bryant, R. A., Humayun, A., Jones, L. M. Kagee, A., Rousseau, C., Somasundaram, D., Suzuki, Y., Wessely, S., van Ommeren, M., & Reed, G. M. (2017). A review of current evidence regarding the ICD-11 proposals for diagnosing PTSD and complex PTSD. *Clinical Psychology Review*, *58*, 1-15.

10. Keeley JW, Reed GM, Roberts MC, et al. Developing a science of clinical utility in diagnostic classification systems field study strategies for ICD-11 mental and behavioral disorders. Am Psychol. 71(1):3-16, 2016

11. Keeley JW, Reed GM, Roberts MC, et al. Disorders specifically associated with stress: A case-controlled field study for ICD-11 mental and behavioural disorders. Int J Clin Health Psychol. 16(2):109-127, 2016

12. Reed GM, Rebello TJ, Pike KM, et al. WHO's Global Clinical Practice Network for mental health. Lancet Psychiatry. (5):379-380, 2015.

13. Reed GM, Sharan P, Rebello TJ, et al. The ICD-11 developmental field study of reliability of diagnoses of high-burden mental disorders: results among adult patients in mental health settings of 13 countries. World Psychiatry. 17(2):174-186, 2018a.

14. Reed GM, Keeley JW, Rebello TJ, et al. Clinical utility of ICD-11 diagnostic guidelines for high-burden mental disorders: results from mental health settings in 13 countries. World Psychiatry. 2018b Oct;17(3):306-315.