



FEDERAL ELECTION 2008:

CPA and CPAP Call on the Federal Parties...

Invest in Our Future: CPA Urges Federal Parties to Make Children's Mental Health A National Priority

With more than a million children in this country living with mental disorders, Canada must mobilize the necessary resources and address this issue as one of the highest national priorities.

"If we fail our children, we forfeit the future," said Dr. Catherine Lee, President of the Canadian Psychological Association (CPA).

The CPA today called on the federal parties, as part of the election campaign, to outline their plans for children's mental health, particularly with respect to school-based programs and services. The concerns are many. For example:

- Canada falls far behind many other industrial countries in addressing bullying and victimization in schools. For example, "Canada ranked a dismal 26th and 27th out of 35 countries on 13 year-old students' reports of bullying and victimization, respectively".¹
- It is estimated that 1.2 million young people under the age of 20 have mental disorders.² Yet only 5 per cent of children with a diagnosable psy-

chological problem receive any form of psychological care.³

- Without a concerted effort to help young people who have mental health problems, many will never reach their full potential. The mental health conditions that emerge in childhood will persist into adulthood, and the associated human and fiscal costs will be enormous. According to the Canadian Alliance on Mental Illness and Mental Health (CAMIMH), "up to 10 per cent of the cost of crime can be attributed to inadequate mental health care for children and youth".⁴

"Failure to provide an integrated, accessible system of children's mental health care fails children, families and communities. The direct and lost productivity costs of mental disorders and addictions to the Canadian economy are estimated at \$33 billion annually."⁵ said Dr. Karen Cohen, Executive Director of the CPA.

The next government in Ottawa needs to work with the



provinces in implementing an integrated program of significantly enhanced mental health services for children, including improved access in schools to trained psychologists.

"Sadly, right now, we seem to be headed in the opposite direction. We have an undersupply of school psychologists either because school boards are cutting back or because positions, which

are not competitive with private practice, remain unfilled," said Dr. Jennifer Frain, Chairperson of the Council of Professional Associations of Psychologists (CPAP). "This means some kids will never get access to the care they need because their families cannot afford it. With cuts in public institutions, like schools, psychologists are increasingly working in private practice where their serv-

ices are not covered by public health insurance plans."

A 2007 review of School Psychology in Canada cited a benchmark of one psychologist per 1,000 students⁶. We're nowhere near that in Canada. Among nine Canadian jurisdictions reported on, the average ratio of psychologists to students was 1 to 5,161.

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ÉLECTION FÉDÉRALE 2008 :

La SCP et la CSPP invitent les partis politiques fédéraux...

Investissez dans notre avenir : la SCP invite les partis politiques fédéraux à faire de la santé mentale des enfants une priorité nationale

Compte tenu que plus d'un million d'enfants au pays vivent avec des troubles mentaux, le Canada doit mobiliser les ressources nécessaires et se pencher sur ce problème et en faire une des priorités nationales.

« Si nous ne nous occupons pas de nos enfants, nous mettons en jeu notre avenir », déclare D^e Catherine Lee, présidente de la Société canadienne de psychologie (SCP).

La SCP demande aujourd'hui aux partis politiques fédéraux, dans le cadre de la campagne électorale, de décrire leurs plans en ce qui concerne la santé mentale des enfants, particulièrement en ce qui touche les programmes et les services offerts dans les écoles. Les préoccupations sont nombreuses. Par exemple :

- Le Canada tire de l'arrière par rapport à un grand nombre d'autres pays industrialisés dans la lutte contre l'intimidation et la victimisation dans les écoles. Par exemple, « triste bilan, le Canada se classe aux 26^e et 27^e rangs, respectivement, parmi 35 pays, en ce qui a trait aux cas rapportés d'élèves de 13 ans victimes d'intimidation et de victimisation »¹.
- Il est estimé que 1,2 million de jeunes de moins de 20 ans souffrent de troubles mentaux². Mais 5 pour cent seulement de ces enfants ayant un problème psychologique diagnostiquable ont accès à une forme ou une autre de soins psychologiques³.
- Sans un effort concerté pour

aider les jeunes souffrant de problèmes de santé mentale, un grand nombre d'entre eux ne réaliseront jamais leur plein potentiel. Les conditions de santé mentale qui font surface au cours de l'enfance persisteront jusqu'à l'âge adulte et les coûts humains et financiers associés à ces conditions seront énormes. Selon l'Alliance canadienne pour la maladie mentale et la santé mentale (ACMMSM), « jusqu'à 10 pour cent du coût de la criminalité est attribuable à la prestation de soins de santé mentale inadéquats aux enfants et aux jeunes »⁴.

« Le défaut de fournir un système intégré et accessible de soins de santé mentale à l'en-

fance nuit aux enfants, aux familles et aux collectivités. Les coûts directs et de la productivité perdue des troubles mentaux et des toxicomanies pour l'économie canadienne sont estimés à 33 milliards annuellement »⁵ souligne D^e Karen Cohen, directrice générale de la SCP.

Le prochain gouvernement à Ottawa doit travailler avec les provinces à mettre en œuvre un programme intégré de services de santé mentale améliorés de façon significative pour les enfants, sans oublier l'accès des psychologues compétents aux écoles.

« Tristement, aujourd'hui, nous semblons nous destiner dans la direction opposée. Nous faisons face à une pénurie de psy-

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CANADIAN PSYCHOLOGICAL ASSOCIATION
SOCIÉTÉ CANADIENNE DE PSYCHOLOGIE

Advancing
Psychology for All
—
L'avancement de la
psychologie pour la
collectivité

**Second Call for Nominations for
President-Elect and one
Director on the CPA Board
of Directors for 2009**

**Rappel de mises en candidature au
conseil d'administration de la SCP
pour les postes de président désigné
et d'un directeur non désigné**

Honorary President 2008-2009 Dr. Matthew R. Sanders

CATHERINE M. LEE, Ph.D. - President

I am delighted to announce that the Honorary President for 2008-2009 is Dr. Matthew R. Sanders, founder of the Triple P-Positive Parenting Program and Professor of Clinical Psychology at the University of Queensland in Australia. Matt is the consummate scientist-practitioner who has devoted his career to *advancing psychology for all*.

In scholarly terms, Matt is prolific, with over 200 scientific publications, including 29 chapters and 8 books. Matt has made a consistent contribution to the training of psychologists, having founded the Parenting and Family Support Centre and co-founded the Behaviour Research and Therapy Centre, two training clinics that have played an important role in the training of clinical psychologists for over 25 years.

Matt's name is synonymous with Triple P, the Positive Parenting Program, an internationally acclaimed evidence-based system of parenting intervention. This multilevel public health model of parenting intervention provides a stepped-care approach in which the dosage of the parenting intervention is titrated according to the family's need, applying the principle of minimal sufficiency. Grounded in social learning theory, the development of the Triple P system represented a paradigm shift from a treatment model that reached very few of the families who needed support to a widely accessible public health model using mass media and primary care as well as the mental health system to reach families.

Over the course of his career Matt's research has been funded by both Australian and international granting agencies. He is currently a principal investigator for grants from the Centers for Disease Control and Prevention and the National Institute of Drug Abuse in the US, and the Home Office in the UK. Matt has established an international network of child and family researchers involved in research on evidence-based parenting. Triple P has been recognized by the UK National Institute of Health and Clinical Excellence (NICE) as an effective intervention for children with conduct problems, and by the World Health Organization as an effective strategy to promote mental health and prevent child abuse.

More important than the numbers of publications or the size of grants awarded is the social impact of Matt's work. Triple P is now used in 17 countries, over 30,000 practitioners have been trained to deliver the program and an estimated 3 million children have benefited from the intervention. Triple P has become a core service delivered through child health services in Queensland, New South Wales,

Victoria and Western Australia and is used in all other states and territories in Australia. The work has inspired five television series on parenting including the British popular ITV documentary series "Driving Mum and Dad" and the 12 episode "Families" series in New Zealand on TV3. In Canada Triple P has been adopted in Alberta, British Columbia, Manitoba and Ontario. In exporting Triple P across the world, Matt and his colleagues have been sensitive of the need to adapt the program to meet the needs of diverse groups. A French Canadian version of the program materials has recently been completed.

Matt's work has received recognition within Australia and internationally. In 2000 he received a Distinguished Career Award from the *Australian Association for Cognitive Behaviour Therapy*. In 2004 he received the International Collaborative Prevention Research Award from the *Society for Prevention Research in Quebec*, was elected to the *Academy of Experimental Criminology* in the US, and was made a Fellow of the Australian Psychological Society. In 2007 he won the Queensland of the Year Award and received the *Australian Psychological Society Award for Distinguished Contribution to Psychology*.

Not surprisingly, Matt's work has drawn the attention of key policy-makers. In 2006 he was invited to brief the British Prime Minister Tony Blair about evidence-based parenting programs. He has served as a WHO consultant on parent education in the Middle East and Malaysia. Matt acted as an expert consultant to the Council of Europe on Positive Parenting. He has served as a member of the Australian Prime Ministerial appointed National Council for Suicide Prevention and has provided policy advice to state, provincial and national governments across the globe including Australia, Belgium, Canada, England, Germany, Hong Kong, Ireland, Japan, Iran, the Netherlands, New Zealand, Scotland, and the USA. Matt has drawn psychologists' attention to the use of mass media to promote health. Matt is a frequent guest on TV and radio and commentator on child and family matters. I look forward to welcoming him to the CPA conference in Montreal in June 2009.

Président honoraire 2008-2009 Dr Matthew R. Sanders

CATHERINE M. LEE, Ph.D. - Présidente

J'ai l'immense plaisir d'annoncer que le président honoraire en 2008-2009 est Dr Matthew R. Sanders, fondateur du Programme d'entraînement parental positif Triple P et professeur de psychologie clinique à l'University of Queensland en Australie. Matt est un scientifique praticien hors pair qui a consacré sa carrière à l'avancement de la psychologie pour la communauté.

En termes de recherche, Matt est prolifique, comptant plus de 200 publications scientifiques, y compris 29 chapitres et huit livres. Il a eu un apport constant sur la formation des psychologues, ayant fondé le Parenting and Family Support Centre et co-fondé le Behaviour Research and Therapy Centre, deux cliniques de formation qui jouent un rôle important dans la formation des psychologues cliniques depuis plus de 25 ans.

Le nom de Matt est synonyme du Triple P, le Programme d'entraînement parental positif, un système de renommée internationale fondé sur les données probantes en interventions parentales. Ce modèle de santé publique à niveaux multiples d'intervention parentale fournit une approche de soins par étape où le dosage de l'intervention est titré selon les besoins de la famille, en appliquant le principe de la suffisance minimale. Ancré dans la théorie de l'apprentissage social, le développement du système Triple P représente un changement de paradigme qui passe d'un modèle de traitement qui touchait très peu des familles qui avaient besoin de soutien à un modèle de santé publique grandement accessible utilisant les médias de masse et les soins primaires ainsi que le système de santé mentale pour joindre les familles.

Au cours de sa carrière en recherche Matt a obtenu le financement d'organismes de subventions australiens et internationaux. Il est actuellement chercheur principal dans le cadre de subventions des Centers for Disease Control and Prevention et de la National Institute of Drug Abuse aux États-Unis, et du ministère de l'Intérieur au Royaume-Uni. Matt a mis sur pied un réseau international de chercheurs sur les enfants et la famille qui œuvrent en recherche sur le parentage empirique. Le Triple P a été reconnu par le National Institute for Health and Clinical Excellence (NICE) du Royaume-Uni comme une intervention efficace pour les enfants ayant des problèmes de conduite et par l'Organisation mondiale de la santé comme une stratégie efficace pour promouvoir la santé mentale et prévenir la violence faite aux enfants.

L'impact social du travail de Matt est plus important que le nombre de publications et l'importance des subventions qu'on lui a accordées. Le Triple P est maintenant utilisé dans 17 pays, plus de 30 000 praticiens ont été formés dans la prestation du pro-


gramme et on évalue que trois millions d'enfants ont bénéficié de l'intervention. Le Triple P est devenu un service de base offert par les services de santé à l'enfant du Queensland, de New South Wales, de Victoria et de l'Australie occidentale et est utilisé dans tous les autres États et territoires de ce pays. Son travail a inspiré cinq séries de télévision sur le parentage, notamment la série de documentaires ITV populaire britannique « Driving Mum and Dad » et les 12 épisodes de la série « Families » en Nouvelle-Zélande sur TV3. Au Canada le programme Triple P a été adopté en Alberta, en Colombie-Britannique, au Manitoba et en Ontario. En exportant le programme Triple P partout dans le monde, Matt et ses collègues ont été sensibles au besoin d'adapter le programme pour répondre aux besoins de divers groupes. Une version canadienne-française du matériel du programme vient d'être lancée.

Le travail de Matt a été reconnu en Australie et à l'échelle internationale. En 2000 il a reçu un prix de carrière exceptionnelle de l'*Australian Association for Cognitive Behaviour Therapy*. En 2004, il a reçu l'*International Collaborative Prevention Research Award* de la *Society for Prevention Research* à Québec, il a été élu au *Academy of Experimental Criminology* aux



États-Unis et a été nommé fellow de l'*Australian Psychological Society*. En 2007 il a remporté le Queensland of the Year Award et a reçu le *Australian Psychological Society Award for Distinguished Contribution to Psychology*.

Peu surprenant, le travail de Matt a attiré l'attention des décideurs clés. En 2006 il a été invité à breffer le Premier ministre britannique Tony Blair au sujet des programmes de parentage empirique. Il a servi à titre de consultant auprès de l'OMS sur l'éducation parentale au Moyen-Orient et en Malaisie. Matt a agi à titre de consultant expert auprès du Conseil de l'Europe sur le parentage positif. Il a servi à titre de membre de l'*Australian Prime Ministerial appointed National Council for Suicide Prevention* et a formulé les avis en matière de politique à des gouvernements d'État, provinciaux et nationaux partout dans le monde, dont l'Australie, la Belgique, le Canada, l'Angleterre, l'Allemagne, Hong Kong, l'Irlande, le Japon, l'Iran, la Hollande, la Nouvelle-Zélande, l'Écosse et les États-Unis. Matt a attiré l'attention des psychologues à l'utilisation des médias de masse pour promouvoir la santé. Matt est fréquemment invité à des émissions de télévision et de radio et commente souvent les questions de l'enfant et de la famille. Inutile d'ajouter que j'ai hâte de l'accueillir au congrès de la SCP à Montréal en juin 2009!



2008 CANADA'S PSYCHOLOGY NEWSPAPER - LE JOURNAL DES PSYCHOLOGUES DU CANADA

The Official Newspaper of the Canadian Psychological Association
Le journal officiel de la Société canadienne de psychologie

Editor in Chief / Rédactrice en chef	Karen R. Cohen
Managing Editor Directrice des services de rédaction	Linda McPhee
Revision/Révision	Linda McPhee
Design/Production	Raymond Léveillé
Translation/Traduction	Marcel Racette

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communications@cpa.ca Fax: (613) 237-1674 ISSN 1187-1189

1-888-472-0657

CANADA POST PUBLICATION MAIL
POSTE CANADA POSTE PUBLICATION

AGREEMENT REGISTRATION NUMBER 40069496
NUMÉRO DE CONTRAT D'INSCRIPTION

NEWS

The CPA Foundation (CPAF): CPA's Less Well Known Relative

THOMAS HADJISTAVROPOULOS, Ph.D., CPA Foundation (CPAF) President and CPA Past President

The Canadian Psychological Association Foundation (CPAF) was established in 2001 as a Canadian Psychology Association (CPA) initiative. Established under the Federal Charitable Gifts and Foundations Act, the CPAF was founded with the aim of enhancing the future of psychology in Canada by improving the lives and communities of Canadians.

Whereas the main role of CPAF is to advocate for psychology (i.e., research, education and training, and practice) and to provide high quality services to members, a primary objective of the CPAF is to fund activities that improve the lives and communities of Canadians. These activities revolve around the transformative impact that science, practice and education in psychology has upon the wellbeing of Canadians as well as the contribution that our knowledge base can have

upon public policy. CPAF fulfilled this mandate in 2007 by providing \$2,000 in financial support for each of five graduate student research projects (following a stiff competition that included 50 applicants).

For several years, the primary fundraising activity of the Foundation has been a silent auction at the CPA annual Convention, held in conjunction with various CPA social events such as the presidential reception. The silent auction has succeeded in raising

\$2,000 to \$4,000 a year. Convention attendees have been very generous with their bids and most auction items are donated by CPA board members and staff. However, more money would need to be raised if the foundation is to make a meaningful difference in Canadian society. We are convinced that many psychologists and others who support the valuable contributions psychologists make to Canadian society, and who believe in the future potential of even more solid contributions, would be interested in contributing more substantially to the operations and successes of the Foundation.

Over the last several years, each immediate Past-President of CPA has had the privilege of serving as CPAF President for one year. During my year as CPAF president, I will be presenting the CPAF and CPA Boards with several proposals de-

signed to increase the scope of CPAF fundraising and to improve its efficiency and functioning. I am hoping that a year from now, I will be able to report increased prosperity for the Foundation. In the meantime, I remind all Canadian psychologists that the Foundation welcomes donations (including, but not limited to, cheques, endowments, and gifts in kind, including donations of art, books and other goods for our silent auctions). I am convinced that a strong Foundation is an excellent vehicle for psychologists who want to make a substantial impact in improving the lives of Canadians. Donations to the Foundation can be sent to: Canadian Psychological Association Foundation, 141 Laurier Avenue West, suite 702, Ottawa, Ontario



KIP 5J3. If you are interested in discussing how we can make CPAF a strong charitable organization or would consider making a major donation to the foundation, please do not hesitate to contact me (Thomas.Hadjistavropoulos@uregina.ca) or Dr. Karen Cohen (kcohen@cpa.ca), who presently serves as Executive Director of the Foundation.

2008 Swap Distinguished Member Award: Dr. Elizabeth Church

SANDRA PYKE, Nomination Coordinator, SWAP

The Section on Women and Psychology is pleased to announce that the recipient of the SWAP Distinguished Member Award for 2008 is Dr. Elizabeth Church.

Dr. Church has been actively involved in the affairs of the Section for over fifteen years. She served in the review process of SWAP submissions to the Convention as early as 1992 and then became the Coordinator of the Abstract Review process from 1994 to 1996, then was Secretary Treasurer for four years from 1996 to 2000, then Coordinator Elect, Coordinator and Past Coordinator of the Section from 2001 to 2005. She was also a co-organizer of the 2004 Institute in St. John's and was a member of the committee reviewing the CPA guidelines on Therapy and Counseling with Women. She also served as the SWAP liaison person throughout her three years on the CPA Board of Directors.

Elizabeth completed her graduate work at the University of Toronto, obtaining her doctorate in 1989. After graduation, she took a position with the Counselling Centre and the Psychology Department at Memorial

University in Newfoundland. In 2003, she joined the School Psychology Program in the Faculty of Education at Mount Saint Vincent University where she is currently a full professor.

A significant focus of Professor Church's scholarly work is her research on stepfamilies. Her exploration of the experiences of stepmothers began in 1992 and these investigations culminated in the publication of her book, *Understanding stepmothers: Women share their insights, their struggles and their successes*. This text describes the findings of over 100 in-depth interviews of women with experience in the stepmother role. Not surprisingly, this important work has captured considerable attention from the media as well as from academic and community groups. Her seminal book is obviously a most significant contribution to the psychological literature on women.

Even her professional activi-



ties have a feminist psychology focus. Certainly, this focus comes through loud and clear in even a cursory review of her career. For example, she has taught an undergraduate course in women and health, has been involved in developing Canadian guidelines for therapy and counseling with women, has explored ethical solutions to dilemmas in

counseling women and has presented some cross-cultural perspectives on feminist therapy and research.

In sum, Dr. Church represents the best in the tradition of this award. She is indeed a most distinguished member of the CPA Section on Women and Psychology.

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Graduate Training in Evidence-Based Practice

MARTIN M. ANTONY, Ph.D. - Leader, Education

The fourth edition of CPA's *Accreditation Standards and Procedures for Doctoral Programmes and Internships in Professional Psychology* (CPA, 2002) require that curricula in clinical and counselling doctoral programs include training in "empirically supported interventions." However, there are currently no recommendations regarding which specific interventions our students should be learning.

Although a number of psychological treatments are well supported by clinical research, consumers of mental health services often continue to receive treatments that lack empirical support, even when evidence-based treatments are available. For example, one provincial psychology e-mail listserv recently had a posting seeking a referral for hypnosis for a specific phobia, followed by several responses providing possible hypnosis referrals. I was surprised that not a single response mentioned the fact that there are few if any controlled studies investigating the effectiveness of hypnosis for the treatment of phobias (though there are many published case studies on the topic). In addition, nobody mentioned the dozens of controlled studies supporting the use of brief exposure-based treatments for specific phobias. Of course, most psychologists believe they offer evidence-based services, but there appears to be ongoing debate regarding what constitutes appropriate evidence and which treatments are in fact evidence-based.

Around the world, there is increased recognition of the importance of developing and disseminating empirically supported treatments. In the United Kingdom, the *National Institute for Health and Clinical Excellence* (NICE) has established evidence-based guidelines for treating a wide range of disorders, including mental health problems (<http://www.nice.org.uk/guidance/topic>). For example, the NICE guidelines for treatment of schizophrenia suggest that cognitive-behavioural therapy (CBT) and family interventions should be made available to individuals and their families, and that "counselling and supportive psychotherapy are not recommended as discrete interventions in the routine care of people with schizophrenia where other psychological interventions of proven efficacy are indicated and available" (p. 14, National Collaborating Centre for Mental Health, 2002). In 2008, the UK government began investing £170 million to train 3600 new practitioners to

deliver evidence-based psychological treatments (based on NICE guidelines), to increase availability of these services.

In North America, several professional associations (e.g., Canadian Psychiatric Association, the American Psychiatric Association, Society for Clinical Psychology) have also begun to publish guidelines for evidence-based practice. In addition, the American Psychological Association recently published a policy statement on evidence-based practice in psychology, though it did not endorse any particular treatment approaches (<http://www2.apa.org/practice/ebp-statement.pdf>).

Should CPA be recommending that doctoral programs and internships in Canada include training in particular psychotherapeutic modalities? Both the Royal College of Physicians and Surgeons of Canada and the American Medical Association have decided to do just that in their accreditation standards for psychiatry residency programs. For example, both groups require that psychiatry residents be trained in applying cognitive-behavioural, psychodynamic, and supportive psychotherapies. The Royal College also requires a working knowledge of various other specific evidence-based approaches (e.g., dialectical behaviour therapy, group therapy, motivational interviewing).

The evidence regarding psychological treatments may now be at a point where CPA can consider recommending familiarity with particular psychotherapy modalities for psychologists in training. For example, CBT is widely recognized as an empirically supported treatment for a wide range of problems. Similarly, interpersonal psychotherapy, emotion-focused psychotherapy, and short term psychodynamic psychotherapy are well supported for the treatment of depression, and motivational interviewing is effective for treating substance use disorders. With the accreditation standards currently under review, this may be a good time for CPA members to be thinking about this issue.

Formation des diplômés à la pratique fondée sur des données probantes

MARTIN M. ANTONY, Ph.D. - Chef, éducation

La quatrième édition des *Normes et procédures d'agrément pour les programmes de doctorat et les internats en psychologie professionnelle* (SCP, 2002) exige que le programme d'enseignement dans les programmes de doctorat cliniques et de counselling comprenne la formation en « interventions fondées sur des données probantes. » Cependant, il n'y a actuellement aucune recommandation concernant les interventions spécifiques que nos étudiants devraient apprendre.

Même si un certain nombre de traitements psychologiques sont bien étayés par la recherche clinique, les consommateurs de services de santé mentale continuent souvent de recevoir des traitements qui ne sont pas entièrement empiriques, même lorsque des traitements fondés sur des données probantes sont disponibles. Par exemple, un serveur de liste courriel de psychologie provinciale a récemment reçu une demande cherchant une référence au traitement par hypnotisme d'une phobie particulière, suivie de plusieurs réponses fournissant des références à des hypnotiseurs. J'ai été surpris qu'aucune réponse ne fasse mention du fait qu'il y a peu d'études contrôlées, s'il s'en trouve, qui se sont penchées sur l'efficacité de l'hypnotisme dans le traitement des phobies (même s'il y a de nombreux cas publiés d'études sur ce sujet). De plus, personne n'a mentionné les douzaines d'études contrôlées appuyant l'utilisation de traitements d'exposition brève pour des phobies spécifiques. Bien entendu, la plupart des psychologues croient qu'ils offrent des services fondés sur des données probantes, mais il semble y avoir un débat en cours au sujet de ce qui constitue des données appropriées et des traitements qui sont en réalité fondés sur des données probantes.

Dans le monde, on reconnaît de plus en plus l'importance d'élaborer et de diffuser des traitements empiriques. Au Royaume-Uni, le *National Institute for Health and Clinical Excellence* (NICE) a établi des lignes directrices fondées sur des données probantes pour le traitement d'une vaste gamme de troubles, y compris les problèmes de santé mentale (<http://www.nice.org.uk/gui>

dance/topic). Par exemple, les lignes directrices du NICE pour le traitement de la schizophrénie suggèrent que la thérapie cognitivo-comportementale (TCC) et les interventions familiales doivent être rendues disponibles aux individus et à leurs familles et que le (nous traduisons) « counseling et la psychothérapie de soutien ne sont pas recommandés comme des interventions discrètes dans le soin routinier des personnes atteintes de schizophrénie lorsque d'autres interventions psychologiques d'une efficacité éprouvée sont indiquées et disponibles » (p. 14, National Collaborating Centre for Mental Health, 2002). En 2008, le gouvernement du R.-U. a commencé à investir 170 millions de livres pour former 3 600 nouveaux praticiens en vue d'assurer la prestation de traitements psychologiques fondés sur des données probantes (basés sur les lignes directrices du NICE) afin d'accroître la disponibilité de ces services.

En Amérique du Nord, plusieurs associations professionnelles (p. ex. l'Association des psychiatres du Canada, l'American Psychiatric Association, la Society for Clinical Psychology) ont également commencé à publier des lignes directrices pour une pratique fondée sur des données probantes. De plus, l'American Psychological Association a récemment publié un énoncé de politique sur la pratique fondée sur des données probantes en psychologie, bien qu'elle ne donnait pas l'aval à des approches de traitement en particulier (<http://www2.apa.org/practice/ebpstatement.pdf>).

Est-ce que la SCP devrait recommander que les programmes et les internats de doctorat au Canada prévoient la formation dans des modalités



psychothérapeutiques particulières? Le Collège royal des médecins et chirurgiens du Canada et l'American Medical Association ont décidé de le faire dans leurs normes d'agrément dans le cadre des programmes de résidence en psychiatrie. Par exemple, les deux groupes exigent que les résidents en psychiatrie soient formés dans l'application de psychothérapies cognito-comportementales, psychodynamiques et de soutien. Le Collège royal exige aussi une connaissance pratique de diverses autres approches spécifiques basées sur des données probantes (p. ex. thérapie du comportement dialectique, thérapie de groupe, entrevue motivationnelle).

Les éléments de preuve concernant les traitements psychologiques peuvent maintenant être rendus à un point où la SCP pourrait songer à recommander qu'on se familiarise un peu à des modalités psychothérapeutiques particulières pour les psychologues en formation. Par exemple, la TCC est grandement reconnue comme un traitement empirique pour une grande variété de problèmes. Un peu de la même façon, la psychothérapie interpersonnelle, la psychothérapie axée sur l'émotion et la psychothérapie psychodynamique à court terme sont bien recommandées pour le traitement de la dépression et l'entrevue motivationnelle est efficace dans le traitement des troubles de toxicomanie. Compte tenu que les normes d'agrément font actuellement l'objet d'un examen, le moment pourrait être opportun pour que les membres de la SCP songent à cette question.

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The Need for Social-Psychological Research to Overcome a “National Embarrassment” in Mental Health

DAVID J. A. DOZOIS, Ph.D. - Leader, Science

The Eighth Annual National Report on Health Care was released in August, 2008. In it were some fairly disturbing findings about the perceptions that Canadians have about mental disorders. Ipsos Reid was commissioned by the Canadian Medical Association to conduct a telephone and online survey. The sample was representative of the population and comprised 3,026 adult Canadians. Although the focus of the poll was on the health care system generally, a number of questions were also asked about mental health.

Personal experience with mental health issues was quite prevalent. For instance, 15% of Canadians stated that they had been diagnosed with depression, 36% claimed to have issues related to stress, and 23% reported feelings of helplessness or worthlessness. A good number of Canadians also believe that mental health is underfunded (60%) and that these issues should be on parity with funding for physical health issues (72%). Yet, stigma and misconceptions about mental disorders prevail. Only half of Canadians would tell their friends or co-workers that they have a family member with a mental disorder (even though 72% of individuals would discuss a diagnosis of cancer). Forty-six percent of Canadians believe that the term “mental illness” is used as an excuse for bad behavior. Most Canadians also stated that they would not enter into a professional or romantic relationship with an individual who has a mental disorder. Finally, 27% of respondents are fearful of being around someone with a serious mental disorder. In response to these results, the President of the Canadian Medical Association, Brian Day, stated that “We are looking at the final frontier of socially acceptable discrimination...It’s a national embarrassment” (Sullivan, 2008).

One of the primary objectives of the Mental Health Commission of Canada (MHCC) is to reduce stigma and discrimination faced by Canadians who live with mental disorders. At a “Collaboration for Change” Forum in Vancouver, the Honorable Michael Kirby (Chair of the MHCC) recently put it this way “Half a century ago, a report on mental illness in Canada began with these words: In no other field, except perhaps leprosy, has there been as much confusion, misdirection and discrimination against a patient as in mental illness...down through the ages, they have been estranged by society and cast out to wander in the wilderness. Mental illness, even today, is all too often considered a crime to be pun-

ished, a sin to be expiated, a possessing demon to be exorcised, a disgrace to be hushed up, a personality weakness to be deplored or a welfare problem to be handled as cheaply as possible. Those words which were written 50 years ago in many ways describe the situation in Canada today” (the full speech may be seen at <http://www.mentalhealthcommission.ca/index-en.php>).

There are some psychologists affiliated with the MHCC. In order to adequately reduce stigma and discrimination, however, we need to change *both* the attitudes and behaviour of the general public, health care providers, and policy-makers. Who better to call on than our colleagues in Social Psychology? The topic of attitude change, and in particular, improving attitudes toward stigmatized groups, has been a focus of Social Psychology since its inception. As a result, much progress has been made in improving attitudes toward a variety of groups, particularly racial and ethnic minorities. Thus, Social Psychologists certainly have the tools for addressing the stigmatization faced by those with mental illness. I implore our esteemed colleagues in Social Psychology to get involved by offering their knowledge and expertise and to inform the Commission that they are optimally positioned to consult and provide solutions that are evidence-based and efficacious.

Further, the CPA has initiated a Stigma Committee, likely to collaborate with other provider and consumer groups, which will be positioned to develop a web-based survey of providers and their views and positions on stigma. For more information or to contribute to the work of the committee, please contact kcohen@cpa.ca.

Sullivan, P. (2008). Stigma attached to mental illness a “national embarrassment”: CMA. Retrieved August 22, 2008 from http://www.cma.ca/index.cfm/ci_id/10042907/la_id/1.htm

Le besoin de recherche socio-psychologique pour surmonter une « honte nationale » en santé mentale

DAVID J. A. DOZOIS, Ph.D. - Chef, science

Le huitième rapport annuel national sur les soins de santé a été publié en août 2008. Dans ce rapport on trouve des conclusions assez gênantes au sujet des perceptions que les Canadiens et Canadiennes ont au sujet des troubles mentaux. La maison Ipsos Reid a été mandatée par l’Association médicale canadienne pour mener un sondage téléphonique et en ligne. L’échantillonnage représentatif de la population était constitué de 3 026 adultes canadiens. Même si le sondage avait pour point de mire le système de soins de santé en général, un certain nombre de questions ont été également posées au sujet de la santé mentale.

L’expérience personnelle des problèmes de santé mentale était assez prévalente. Par exemple, 15 % des Canadiens ont déclaré qu’ils avaient souffert d’une dépression, 36 % indiquaient qu’ils avaient des problèmes liés au stress et 23 % ont signalé qu’ils éprouvaient un sentiment de détresse ou d’inutilité. Un bon nombre de Canadiens sont aussi d’avis que la santé mentale est sous-financée (60 %) et que la question du financement devrait être examinée en parité avec la santé physique (72 %). Mais malgré tout, la stigmatisation et les fausses conceptions au sujet des troubles mentaux persistent. Seule la moitié des Canadiens confieraient à leurs amis ou à leurs collègues de travail qu’un membre de la famille est atteint de trouble mental (alors que 72 % des individus discuteraient d’un diagnostic de cancer). Quarante-six pour cent des Canadiens croient que le terme « maladie mentale » est utilisé comme une excuse pour un mauvais comportement. La plupart des Canadiens ont également indiqué qu’ils ne s’engageraient pas dans une relation professionnelle ou romantique avec une personne atteinte d’un trouble mental. En dernier lieu, 27 % des répondants ont peur de se trouver autour de quelqu’un atteint d’un trouble mental grave. En réaction à ces résultats, le président de l’Association médicale canadienne, Brian Day, a déclaré que « Nous en sommes rendus au dernier échelon d’une discrimination socialement acceptable... C’est une honte nationale... » (Sullivan, 2008).

L’un des principaux objectifs de la Commission de la santé mentale du Canada (CSMC) est de réduire la stigmatisation et la discrimination auxquelles font face les Canadiens qui vivent avec des troubles mentaux. À un forum « Collaboration for Change » tenu à Vancouver, l’honorable Michael Kirby (président de la CSMC) l’a récemment qualifié de cette façon (nous traduisons) « Il y a un demi-siècle, un rapport sur la santé mentale au Canada commençait par ces mots : Pour aucune autre maladie, sauf peut-être la lèpre, y a-t-il eu autant de confusion, de mauvaise orientation et de discrimination à l’endroit des personnes souffrant de problèmes de santé mentale... de tout temps, elles ont été mises au rancard par la société et livrées à elles-mêmes dans un milieu hostile. La santé mentale, même aujourd’hui, est beaucoup trop souvent perçue comme un crime à punir, un péché à expier, un démon à exorciser, une disgrâce à taire, une faiblesse de la personnalité à déplorer ou un problème de bien-être à corriger en engageant le moins de frais possibles. Ces mots qui ont été écrits il y a 50 ans décrivent de plusieurs façons la situation au Canada aujourd’hui » (le discours en entier peut être vu en anglais à l’adresse <http://www.mentalhealthcommission.ca/index-en.php>).

Certains psychologues sont affiliés à la CSMC. Afin d’arriver à réduire de façon acceptable la stigmatisation et la discrimination, il nous faut cependant changer *autant* les attitudes que le comportement du grand public, des fournis-



seurs de soins de santé et des décideurs. Or, sur qui pouvons-nous mieux compter que sur nos collègues en psychologie sociale pour le faire? Le changement d’attitude, tout particulièrement l’amélioration des attitudes envers les groupes stigmatisés, a été l’apanage de la psychologie sociale depuis sa création. En conséquence, beaucoup de progrès ont été réalisés dans l’amélioration des attitudes envers une variété de groupes, particulièrement les minorités raciales et ethniques. Ainsi, la psychologie sociale possède certainement les outils nécessaires pour lutter contre la stigmatisation à laquelle font face les personnes atteintes de maladie mentale. J’implore nos collègues estimés en psychologie sociale de s’engager en offrant leurs connaissances et leur expertise, tout en informant la Commission qu’ils sont les mieux placés pour offrir de la consultation et fournir des solutions fondées sur des données probantes et efficaces.

De plus, la SCP a mis sur pied un Comité sur la stigmatisation qui, vraisemblablement, collaborera avec d’autres groupes de services et de consommateurs, dont le mandat sera de créer un sondage en ligne à administrer aux fournisseurs afin de connaître leurs points de vue et leurs positions au sujet de la stigmatisation. Pour plus d’information ou pour contribuer aux travaux de ce comité, veuillez communiquer avec kcohen@cpa.ca

Sullivan, P. (2008). Stigma attached to mental illness a “national embarrassment”: CMA. Consulté le 22 août 2008 à l’adresse http://www.cma.ca/index.cfm/ci_id/10042907/la_id/1.htm

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Knowledge Translation through CPA Fact Sheets

LORNE SEXTON, Ph.D. - Leader, Practice

Knowledge translation is the new buzz-word among healthcare funders and researchers. Knowledge translation research was highlighted in Dr. David Dozois' Science column in the Spring 2008 Psynopsis.

A research team led by psychologist Dr. John Walker at St. Boniface General Hospital and the University of Manitoba recently received a major grant from the Canadian Institutes of Health Research (CIHR) and the Mental Health Commission of Canada to study knowledge translation for young adults experiencing high levels of psychological distress who could benefit from mental health treatment.

The internationally used definition of *knowledge translation* was coined by CIHR. This rather complex definition reads as follows: "a dynamic and iterative process that includes synthesis, dissemination, exchange and ethically sound application of knowledge to improve the health of Canadians..." Knowledge translation first requires *knowledge synthesis*. Research centres are producing masses of exciting new information, but it is rarely in an accessible form helpful to potential users. Consequently, it takes many years for the research to influence practice in the field. Important information developed through painstaking research needs to be synthesized into a form useable by practitioners before it can have an impact. Then it must be disseminated. The buzz-word for dissemination is *knowledge transfer*.

Knowledge translation brings up to date information to both treating and referring professionals. The definition is being extended by Dr. Walker's work to include the "consumer" - the client or patient. Knowledge must be synthesized and transferred to answer the questions of consumers. Consumers want to know which treatments work for specific problems and how to access these treatments. They want this information in the mediums they use.

CPA has been in the business of knowledge translation long before these new buzz-words. A prime example is the CPA Fact Sheets, currently under revision, which serve a potentially pivotal role in meeting the knowledge translation needs of consumers and front line professionals. I asked Dr. Walker to comment on the role of the CPA Fact Sheets in knowledge translation:

"Our surveys with consumers indicate that they have a strong desire to be involved in decisions concerning their health. In a very busy health care system they often make decisions concerning long term treatments with very little information. The Fact Sheets are a very positive example of efforts to reach out to consumers with scientifically sound information about treatment

choices."

Knowledge translation was indeed the original raison d'être of the Fact Sheets. They were intended to meet the informational needs of a tripartite target audience of policy makers, consumers, and professionals as indicated in the following statement of purpose sent to the authors of the first set of Fact Sheets:

"The Clinical Section is working with John Service to produce clinical fact sheets emphasizing the utility of psychological approaches. These fact sheets will be used as follows: (1) with government ministers to emphasize importance of psychology (funding of services); (2) public awareness through the internet; (3) could also be used by clinicians for patients or referring physicians, etc." (Excerpted from an archived email I sent as Clinical Section Chair to Dr. Keith Dobson in October, 1999, requesting his assistance with the depression Fact Sheet).

That the Fact Sheets have been utilized by target audiences is indicated by a recent CPA survey of private practitioners, in which over 40% indicated that they use the online Fact Sheets in their practice.

The scientific knowledge to be synthesized in these Fact Sheets concerned psychological interventions for a broad range of health problems. The guideline provided to authors in 1999 was to answer: "what treatment methods does psychology have to offer, how effective are psychological methods, what proportion of individuals benefit from treatment, short and long term, what are the relative costs of treatment?" (excerpted from an email sent to Dr. Charlotte Johnston, UBC, also in October, 1999). Sleep disorders was the first Fact Sheet prototype created (with Dr. Charles Morin, Director of the Sleep Research Centre at Université Laval), and it remains a good illustration of the need for psychology knowledge transfer to primary care and the public. Recent research concludes, for example, that "interventions based on CBT are superior to Zopiclone treatment in both short- and long-term management of insomnia in older adults" (*Journal of American Medical Association*, 2006, 295, 2851-2858). Despite clear evidence that psychological approaches work as well or better than medication treatments, Canadians start medication treatment for sleep complaints every day in primary care settings, without considering alternatives. CPA Fact Sheets were enti-

See Practice on page 11

Traduction des connaissances par les feuillets d'information de la SCP

LORNE SEXTON, Ph.D. - Chef, pratique

La traduction des connaissances est le nouveau mot à la mode chez les bailleurs de fonds et les chercheurs. La recherche en traduction des connaissances a été soulignée dans la rubrique de science du Dr David Dozois dans le numéro de printemps 2008 de Psynopsis.

Une équipe de recherche menée par le psychologue Dr John Walker à l'Hôpital général de St. Boniface et à l'Université du Manitoba a récemment reçu une subvention majeure des Instituts canadiens de recherche en santé (ICRS) et de la Commission de la santé mentale du Canada afin d'étudier la traduction des connaissances pour les jeunes adultes éprouvant des niveaux élevés de détresse psychologique qui pourraient bénéficier d'un traitement de santé mentale.

La définition utilisée internationalement de la *traduction des connaissances* a été inventée par les ICRS. Cette définition plutôt complexe se lit comme il suit : « un processus dynamique et itératif qui inclut la synthèse, la diffusion, l'échange et l'application saine d'un point de vue éthique de la connaissance en vue d'améliorer la santé des Canadiens... » La traduction des connaissances fait d'abord appel à une *synthèse des connaissances*. Les centres de recherche produisent des masses de nouvelles informations stimulantes, mais qui sont rarement dans une forme accessible qui peut immédiatement servir aux utilisateurs potentiels. Conséquemment, il faut de nombreuses années avant que la recherche influence la pratique dans le domaine d'emploi. De l'information importante créée par une recherche ardue doit être synthétisée dans une forme utilisable par les praticiens avant qu'elle puisse avoir un impact. Ensuite elle doit être diffusée. Le mot à la mode pour la diffusion est le *transfert des connaissances*.

La traduction des connaissances amène de l'information à jour aux professionnels traitants et référents. La définition est élargie par le travail de Dr Walker de manière à inclure le « consommateur », soit le client ou le patient. La connaissance doit être synthétisée et transférée pour répondre aux questions des consommateurs. Les consommateurs veulent connaître les traitements qui fonctionnent pour des problèmes précis et comment obtenir ces traitements. Ils veulent cette infor-

mation dans le média qu'ils utilisent.

La SCP s'est occupée de traduction des connaissances bien avant l'apparition de ces nouveaux mots à la mode. Un exemple probant sont les feuillets d'information de la SCP, actuellement en révision, qui jouent un rôle de premier plan pour répondre aux besoins de traduction des connaissances des consommateurs et des professionnels de première ligne. J'ai demandé au Dr Walker ses impressions du rôle des feuillets d'information de la SCP dans la traduction des connaissances :

« Nos sondages auprès des consommateurs indiquent qu'ils veulent ardemment être impliqués dans les décisions concernant leur santé. Dans un système de soins de santé très achalandé ils prennent souvent des décisions concernant des traitements à long terme avec très peu d'information. Les feuillets d'information sont un exemple très positif des efforts pour communiquer avec les consommateurs de l'information saine d'un point de vue scientifique au sujet des choix de traitements. »

La *traduction des connaissances* était en effet la raison d'être originale des feuillets d'information. Ils étaient destinés à répondre aux besoins d'information d'un auditoire cible triparti de décideurs, de consommateurs et de professionnels tel qu'indiqué dans l'énoncé suivant du but qui avait été communiqué aux auteurs du premier ensemble de feuillets d'information :

« La section clinique travaille avec John Service pour produire des feuillets d'information cliniques qui mettent l'accent sur l'utilité et les approches psychologiques. Ces feuillets d'information seront utilisés comme il suit : 1) auprès des ministres gouvernementaux pour mettre l'accent sur l'importance de la psychologie (financement des services); 2) la sensibilisation du public par Internet; 3) pourraient être également utilisés par les cliniciens pour les patients ou référer des mé-



decins, etc. » (traduction de l'extrait d'un courriel archivé que j'ai envoyé à titre de président de la section clinique au Dr Keith Dobson en octobre 1999 demandant son aide pour le feuillet d'information sur la dépression).

Que les feuillets d'information aient été utilisés par les publics cibles transparait dans un sondage récent de la SCP auprès des praticiens privés, où plus de 40 % ont indiqué qu'ils utilisaient les feuillets d'information en ligne dans leur pratique.

La connaissance scientifique a synthétiser dans ces feuillets d'information concerne les interventions psychologiques pour une vaste gamme de problèmes de santé. La ligne directrice fournie aux auteurs en 1999 était de répondre à la question suivante : quelles sont les méthodes de traitement offertes par la psychologie, quelle est l'efficacité des méthodes psychologiques, quelle proportion d'individus bénéficient du traitement à court et à long terme, quels sont les coûts relatifs du traitement? » (traduction d'un extrait d'un courriel envoyé à Dr Charlotte Johnston, de l'Université de Colombie-Britannique, aussi en octobre 1999). Les troubles du sommeil étaient le premier prototype de feuillet d'information créé (avec le Dr Charles Morin, directeur du Centre de recherche sur le sommeil à l'Université Laval) et demeurent une bonne illustration du besoin de transfert de connaissances en psychologie aux soins primaires et au grand public. La recherche récente conclut, par exemple, que « les interventions basées sur la TCB sont supérieures au traitement à la Zopiclone dans la gestion à court et à long terme de l'insomnie chez les adultes plus âgés » (*Journal of American Medical Association*, 2006, 295, 2851-2858). Malgré des preuves évidentes que les approches psychologiques fonctionnent aussi bien ou mieux que les traitements pharmacologiques, les Canadiens commencent un traitement aux médicaments pour les plaintes d'insomnie chaque jour dans les établissements de soins primaires, sans considérer d'autres options.

Voir Pratique à la page 11

NEWS

A CPA Career: Helping to Chart the Course for the Science and Practice of Psychology in Canada

KAREN R. COHEN PH.D., Executive Director

Some years ago (we won't say how many) as a doctoral student, I would not have predicted that years later (we won't say how many), my career path would have landed me as an executive officer of the discipline's national association.

It was simply not a career path I ever heard about or considered. I started out, as many clinical psychology students do, planning for a career that combined practice and research; I managed to do a lot of the former and even some of the latter. A Ph.D. in Clinical Psychology, a post doctoral fellowship in clinical neuropsychology and rehabilitation and what started out as some part time work as CPA's Registrar of Accreditation while I built a clinical and administrative career in rehabilitation, paved the way for as rewarding a career as I could have hoped for.

However, my part time experiences over many years as CPA's Registrar of Accreditation introduced me to opportunities to make different but equally important contributions as a Canadian psychologist in an executive position at CPA. My work as CPA's Associate Executive Director, and more recently as its Executive Director, has brought both tremendous challenge and satisfaction. It is work I have felt privileged, on a daily basis, to undertake.

As advertised in this issue, CPA is recruiting another executive member of its head office team – one whose roles and responsibilities will include accreditation and representation. Because there are few of these types of positions and it is not a position or career path of which most graduate students are even aware, I'd like to take the opportunity to describe the kinds of experiences and opportunities working for a national association brings. I do this in the hope that it might interest some among the membership in joining the CPA team in the short term and, in the long term, might encourage students and doctoral programs to think about career paths for psychologists that include association work. The following is a brief synopsis (pardon the pun) of what work as a psychologist for CPA has to offer.

Accreditation affords the opportunity to help shape and administer the quality and rigour of standards of training for professional psychology in Canada. These standards not only guide the education of generations of psychologists but also give CPA the opportunity to lend our accreditation expertise to psychology outside of Canada and to other kinds of disciplines and endeavours outside of psychology within Canada.

CPA has grown to assume a place of prominence, making a significant contribution at many

tables of science and practice. Senior psychologist staff of CPA represents the association on alliances of scientists and practitioners. We consult to government and non-governmental groups on topics such as emergency preparedness planning, chronic disease prevention and management, mental health surveillance, public health, research ethics, health human resource, funding and support for research, interdisciplinary research, collabora-

tive practice and interdisciplinary training to name only a current few. We participate in the preparation of briefs and position papers on topics of governmental and public debate and, when opportunity arises, present these to committees of the House of Commons and the Senate of Canada. We represent CPA on panels as diverse as dealing with stress in the workplace, psychological determinants of health, and psychology's role in the identification and treatment of mental disorders.

Psychology's participation in the diversity of these activities promotes the relevance of psychological science and practice to individuals and communities and the important problems they face. Our work affects social policy and in some instances federal legisla-

tion. Our work is about facilitating the optimal conditions (e.g., funding for research, support for students, and access to service) for the discipline and the profession to do what it does best for the many publics psychologists serve. CPA's mandate is really about supporting and promoting the important contributions of the science and practice of psychology and bringing these contributions to Canadians.

Last but far from least, CPA is a member-driven association and our activities such as our publications, educational activities, and convention are designed to meet the needs of our membership – a membership which includes colleagues whose work and character is of the highest order. It is inspiring to work with the many

among our colleagues in science and practice who volunteer their time and expertise on CPA's Board of Directors, Accreditation Panel, to its Sections, and on its many Committees and Task-forces.

Work on behalf of CPA is diverse, intellectually and personally challenging, brings tremendous professional satisfaction and has great impact. To quote CPA's esteemed former Executive Director Dr. John Service, working for CPA and on behalf of Canadian psychologists is one of psychology's best jobs. Have a look at the CPA's job advertisement in this issue of Psynopsis and think about whether or not working on behalf of the discipline and profession of psychology might work well for you.

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NOUVELLES

La Fondation de la SCP (FSCP) : le parent moins bien connu de la SCP



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THOMAS HADJISTAVROPOULOS, Ph.D., président de la Fondation de la SCP (FSCP) et président sortant de la SCP

Mise sur pied en 2001, la Fondation de la Société canadienne de psychologie (FSCP) est une initiative de la Société canadienne de psychologie (SCP). Établie en vertu de la loi fédérale sur les dons de bienfaisance et les fondations, la FSCP a été fondée dans le but d'améliorer l'avenir de la psychologie en améliorant les vies et les collectivités canadiennes.

Même si le rôle principal de la SCP est de représenter la psychologie (c.-à-d. dans les secteurs de la recherche, de l'éducation et la formation et de la pratique) et de fournir des services de haute qualité à ses membres, un objectif principal de la FSCP est de financer les activités qui enrichissent les vies et les collectivités de la population canadienne. Ces activités gravitent autour de l'impact de transformation qu'exerce la science, la pratique et l'éducation en psychologie, du bien-être de la population et de l'apport de notre base de connais-

sances à l'élaboration de la politique publique. La FSCP s'est acquittée de ce mandat en 2007 en octroyant un appui financier de 2 000 \$ à chacun des cinq projets de recherche d'étudiants diplômés (à la suite d'une compétition féroce qui comptait 50 candidats).

Pendant de nombreuses années, l'activité de collecte de fonds principale de la Fondation a été un encan silencieux au congrès annuel de la SCP qui avait lieu de concert avec divers événements sociaux de la SCP comme la réception du président.



L'encan silencieux est parvenu à ramasser de 2 000 à 4 000 \$ par année. Les participants au congrès ont été très généreux dans leurs offres et la plupart des articles à l'encre étaient donnés par les membres du conseil d'administration de la SCP et du personnel. Cependant, il nous faut recueillir beaucoup plus d'argent si la Fondation doit faire une différence significative dans la société canadienne. Nous sommes convaincus que de nombreux psychologues et autres qui croient aux contributions précieuses que les psychologues apportent à la société canadienne et au potentiel futur de contributions encore plus notables, seraient intéressés à contribuer encore plus substantiellement à l'exploitation et aux succès de la Fondation.

Au cours des dernières années, chaque président sortant de la SCP a eu le privilège de servir à titre de président de la FSCP pendant une année. Au cours de mon année à la présidence de la FSCP, je présenterai à la FSCP et au conseil d'administration de la SCP diverses propositions destinées à accroître la portée de nos campagnes de fonds et améliorer son efficacité et son fonctionnement. J'espère que l'an prochain, je serai en mesure de faire état d'une prospérité accrue pour la Fondation. En attendant, je rappelle à tous les psychologues canadiens que la Fondation accepte les dons (y compris, mais sans y être limité, les chèques, les fonds de dotation et les dons en nature, y compris les dons d'œuvres d'art, de livres et autres biens pour nos enchères silencieuses). Je suis convaincu qu'une fondation en santé est un excellent véhicule pour les psychologues qui veulent avoir un impact important sur l'amélioration de la vie au Canada. Les dons à la Fondation peuvent être envoyés à : Fondation de la Société canadienne de psychologie, 141, avenue Laurier Ouest, bureau 702, Ottawa (Ontario) K1P 5J3. Si vous êtes intéressé à discuter de la façon que nous pouvons faire de la FSCP une organisation caritative forte ou si vous songez à faire un don majeur à la Fondation, n'hésitez surtout pas à communiquer avec moi (Thomas.Hadjistavropoulos@uregina.ca) ou avec D^{re} Karen Cohen (kcohen@cpa.ca), qui agit présentement à titre de directrice générale de la Fondation.

CALL FOR NOMINATIONS FOR AT-LARGE MEMBER HEALTH SCIENCE ON THE CANADIAN NATIONAL COMMITTEE OF THE NATIONAL RESEARCH COUNCIL OF CANADA FOR THE INTERNATIONAL UNION OF PSYCHOLOGICAL SCIENCE

Nominations are required from CPA Members and Fellows for the member-at-large position reserved for a health scientist on the Canadian National Committee to be assumed immediately after the election. Any CPA Member or Fellow whose primary activities are in research and teaching can be nominated. Given the nature of the activities to be performed by the Committee, candidates who are a member of an international association or have attended at least one international congress will be given preference.

The elected at-large member shall serve for a term of three years, renewable once for three years.

Each nomination shall consist of:

- a letter from the nominator that states the position for which the candidate is being nominated, expresses support for the candidate, and contains a statement to the effect that the nominator has ascertained the candidate's willingness to stand for nomination;
- a current curriculum vitae of the candidate (including educational background, present and former positions, research and professional activities, organization membership and involvement, and international congress participation); and
- supporting statements from two CPA Members/Fellows.

The deadline to submit nominations shall be NOVEMBER 28, 2008. Nominations and supporting documents shall be sent by e-mail to the Chair of the Canadian National Committee at the following address: janel.gauthier@psy.ulaval.ca

APPEL DE NOMINATIONS POUR UN MEMBRE NON DÉSIGNÉ EN SCIENCE DE LA SANTÉ AU COMITÉ NATIONAL CANADIEN DU CONSEIL NATIONAL DE RECHERCHES DU CANADA À L'INTERNATIONAL UNION OF PSYCHOLOGICAL SCIENCE

Des nominations sont requises des membres et des fellows de la SCP au siège de membre non désigné réservé pour un scientifique de la santé au Comité national canadien. La personne élue devra assumer ce poste immédiatement après son élection. Tout membre ou fellow de la SCP dont les activités principales sont en recherche et en enseignement peut être mis en candidature. Compte tenu de la nature des travaux de ce comité, les candidat(e)s membres d'une association internationale ou qui ont assisté à au moins un congrès international obtiendront la préséance.

Le mandat de ce membre élu non désigné est d'une durée de trois ans, renouvelable une fois pour trois ans.

Pour chaque nomination il convient de présenter :

- une lettre de l'auteur de la proposition de candidature qui indique le siège auquel le (la) candidat(e) est mis(e) en nomination et qui exprime son appui au (à la) candidat(e) et contenant une déclaration à l'effet que l'auteur de la proposition s'est assuré de la volonté du (de la) candidat(e) d'être mis(e) en candidature;
- un curriculum vitae récent du candidat (comprenant ses antécédents universitaires, les postes actuels et antérieurs occupés, les activités de recherche et professionnelles, l'adhésion et l'engagement dans des organismes et son expérience de participation à un congrès international);
- des énoncés d'appui provenant de deux membres ou fellows de la SCP.

La date limite de mise en candidature est le 28 NOVEMBRE 2008. Les nominations et les documents d'appui doivent être envoyés par courriel au président du Comité national canadien à l'adresse suivante : janel.gauthier@psy.ulaval.ca

NOUVELLES

Une carrière à la SCP : aider à tracer la voie de la science et la pratique de la psychologie au Canada

KAREN R. COHEN Ph.D., directrice générale



Sil y a un certain nombre d'années (nous ne dirons pas combien) lorsque je faisais mes études de doctorat, je n'aurais pas prédit que plusieurs années plus tard (nous ne dirons pas combien), mon parcours de carrière m'aurait amené à devenir cadre dans l'association nationale de la discipline.

Ce n'était tout simplement pas un schéma de carrière dont j'avais entendu parler ou auquel j'aurais même songé. J'ai débuté, comme de nombreux étudiants en psychologie clinique, en planifiant une carrière qui alliait la pratique et la recherche; j'ai réussi à faire beaucoup de pratique et même un peu de recherche. C'est ainsi qu'un Ph.D. en psychologie clinique, un fellowship postdoctoral en neuropsychologie clinique et en réadaptation, et ce qui a débuté comme du travail à temps partiel à titre de registraire de l'agrément de la SCP, m'ont permis d'établir une carrière clinique et administrative en réadaptation, tout en suivant la voie vers une carrière que je n'aurais pu espérer plus gratifiante.

Cependant, mes expériences à temps partiel au cours d'un bon nombre d'années à titre de registraire de l'agrément à la SCP m'ont donné l'occasion d'apporter des contributions également importantes même si elles étaient différentes, à titre de psychologue canadien dans un poste cadre à la

SCP. Mon travail en tant que directrice générale associée de la SCP, et plus récemment à titre de directrice générale, m'a apporté des défis et une satisfaction remarquables. C'est un travail que j'ai accompli en me sentant privilégiée, à tous les jours.

Tel qu'annoncé dans le présent numéro, la SCP est à la recherche d'un autre membre cadre de son équipe au siège social, dont les rôles et responsabilités incluront l'agrément et la représentation. Étant donné que ce genre de poste est rare et qu'il ne s'agit pas d'un poste ou d'un schéma de carrière auquel la plupart des étudiants diplômés ont même songé, j'aimerais profiter de l'occasion pour décrire le genre d'expériences et d'occasions qui se présentent en travaillant pour une association nationale. Je le fais dans l'espoir d'intéresser des membres de la SCP à se joindre à notre équipe à court terme et, à long terme, d'encourager les programmes d'étudiants et de doctorats à songer à des schémas de carrière pour les psychologues qui incluent le tra-

vail dans une association. Ce qui suit est un bref synopsis (excusez le jeu de mots) de ce que le travail en tant que psychologue pour la SCP peut offrir.

L'agrément donne l'occasion d'avoir un apport sur la création et l'administration de la qualité et de la rigueur des normes de formation en psychologie professionnelle au pays. Ces normes non seulement guident l'éducation de générations de psychologues, mais donnent aussi à la SCP l'occasion de prêter son expertise en agrément à la psychologie hors du pays et à d'autres genres de disciplines et d'entreprises en dehors de la psychologie au Canada.

La SCP en est venue à assumer une place préminente, en faisant une contribution significative à plusieurs forums de science et de pratique. Les cadres de la SCP représentent la société à des regroupements de scientifiques et de praticiens. Des groupes gouvernementaux et non gouvernementaux nous consultent sur des sujets comme la planification en cas d'urgence, la prévention et la gestion de la maladie chronique, la surveillance de la santé mentale, la santé publique, la déontologie de la recherche, les ressources humaines en santé, le financement et l'appui pour la recherche, la recherche interdisciplinaire, la pratique concertée et la formation interdisciplinaire

pour ne nommer que les plus courants. Nous participons à la préparation de notes d'information et d'exposés de position sur des sujets d'intérêt gouvernemental et public et, lorsque l'occasion se présente, nous les présentons aux comités de la Chambre des communes et du Sénat du Canada. Nous représentons la SCP entre autres dans des groupes de consultation qui se penchent par exemple sur la gestion du stress en milieu de travail, les déterminants psychologiques de la santé et le rôle de la psychologie dans l'identification et le traitement des troubles mentaux.

La participation de la psychologie dans cette gamme diversifiée d'activités contribue à la promotion de la pertinence de la science et de la pratique de la psychologie auprès des individus et des communautés et les problèmes importants auxquels ils doivent faire face. Notre travail touche la politique sociale et dans certains cas la réglementation fédérale. Notre travail consiste à faciliter les conditions optimales (p. ex. le financement de la recherche, le soutien aux étudiants et l'accès au service) pour la discipline et la profession en vue de faire ce qu'il y a de mieux pour le très grand nombre de clients que desservent les psychologues. Le mandat de la SCP consiste réellement à soutenir et à promouvoir les contributions importantes de

la science et de la pratique de la psychologie et d'en faire profiter la population canadienne.

Enfin et surtout, la SCP est une association axée sur les membres et nos activités comme nos publications, nos activités de formation et notre congrès visent à répondre aux besoins de nos membres, de nos collègues dont le travail et le caractère sont de l'ordre le plus élevé. Le travail avec le grand nombre de nos collègues en science et en pratique qui offrent leur temps et leur expertise bénévolement au conseil d'administration de la SCP, au jury d'agrément, à ses sections et à ses nombreux comités et groupes de travail est une source d'inspiration.

Le travail à la SCP est diversifié, il est stimulant tant du point de vue intellectuel que personnel et il apporte une très grande satisfaction professionnelle, tout en ayant un très grand impact. Pour citer l'ancien directeur général estimé de la SCP, D^r John Service, travailler pour la SCP et au nom des psychologues canadiens fait partie des meilleures occupations qui soient en psychologie. Je vous demande donc de prendre connaissance de l'offre d'emploi de la SCP qui paraît dans le présent numéro de *Psychopsis* et de voir si le travail au nom de la discipline et de la profession de la psychologie pourrait en effet vous intéresser.

Elections

Continued from page 1

In October 2005, federal, provincial and territorial ministers of health endorsed nine Health Goals for Canada – the first of which states that *Canada is a country where our children reach their full potential, growing up happy, healthy, confident and secure*. CPA and CPAP want the governments to fulfill their commitment and realize this goal.

“The mental health and well being of our country's children is not something we can ignore. We need political leadership, and we're urging the federal parties to respond,” said Dr. Lee.

CPA and CPAP want to see the federal government get serious about this issue by: 1) dedicating federal transfer funding for mental health and specifically for children's mental health; 2) working with the provinces to define and develop better models of prevention and service delivery in mental health; and 3) setting benchmarks for the reduction of bullying and violence in schools.

¹ <http://prevnet.ca/Bullying/BullyingStatistics/tabid/122/Default.aspx> (Craig & Harel,

2004).

² Kirby MJL and Keon WJ. (2006). *Out of the Shadows at Last: Highlights and Recommendations of the Final Report on Mental Health, Mental Illness and Addiction*. Ottawa: Senate of Canada, Standing Senate Committee on Social Affairs, Science and Technology.

³ Canadian Psychological Association (2002). *Enhancing the Experience of Children and youth in today's Schools: The Role of Psychology in Canadian Schools*.

⁴ Canadian Alliance on Mental Illness and Mental Health. (2006). *Framework for Action on Mental Illness and Mental Health*.

⁵ Canadian Alliance on Mental Illness and Mental Health. (2006). *Framework for Action on Mental Illness and Mental Health*.

⁶ Saklofske, D.H., Schwean, V.L., Bartell, R. et al. (2007). *School Psychology in Canada: Past, present, and future perspectives*. In T. Fagan & P. Wise (eds.). *School Psychology: Past, present, and future perspectives*. Bethesda, MD: National Association of School Psychologists.

Élections

Suite de la page 1

chologues scolaires soit parce que les commissions scolaires font des compressions ou parce que les postes, qui ne sont pas en concurrence avec la pratique privée, demeurent vacants, ajoute D^r Jennifer Frain, présidente du Conseil des sociétés professionnelles de psychologues (CSPP). Cela signifie que certains enfants n'auront jamais l'accès aux soins dont ils ont besoin parce que leurs familles ne peuvent pas se les permettre. Avec les compressions dans les établissements publics, comme les écoles, les psychologues se tournent de plus en plus vers la pratique privée où leurs services ne sont pas couverts par les régimes d'assurance maladie publics.»

En 2007, un examen de la psychologie scolaire au Canada a été que nous aurions besoin d'un rapport d'un psychologue par 1 000 étudiants⁶. Or, nous ne nous approchons même pas de cette valeur étalon au Canada. Dans neuf territoires de compétence canadiens, le rapport moyen des psychologues avec le nombre d'élèves était de 1 à 5 161.

En octobre 2005, les ministres

fédéraux, provinciaux et territoriaux de la santé ont donné l'aval à neuf objectifs de santé pour le Canada – le premier qui préconise que le *Canada soit un pays où nos enfants atteignent leur plein potentiel, grandissent heureux, en santé, en confiance et en sécurité*. La SCP et le CSPP veulent que les gouvernements s'acquittent de leur engagement et réalisent cet objectif.

« La santé mentale et le bien-être des enfants de notre pays ne doivent pas être ignorés. Nous avons besoin de leadership politique et insistons auprès des partis politiques fédéraux pour qu'ils répondent à cet appel », ajoute D^r Lee.

La SCP et le CSPP veulent que le gouvernement fédéral soit sérieux sur cette question en : 1) accordant des transferts fédéraux en santé mentale et spécifiquement en santé mentale des enfants; 2) travaillant avec les provinces pour définir et élaborer de meilleurs modèles de prévention et de prestation de services en santé mentale et 3) établissant des points de référence pour la réduction de l'intimidation et la violence dans les écoles.

¹ <http://prevnet.ca/Bullying/BullyingStatistics/tabid/122/Default.aspx> (Craig & Harel,

2004).

² Kirby MJL et Keon WJ. (2006). *De l'ombre à la lumière : résumés et recommandations du rapport final sur la santé mentale, la maladie mentale et les toxicomanies*. Ottawa : Sénat du Canada, Comité permanent du Sénat sur les affaires sociales, la science et la technologie.

³ Société canadienne de psychologie (2002). *Enhancing the Experience of Children and youth in today's Schools: The Role of Psychology in Canadian Schools*.

⁴ Alliance canadienne pour la maladie mentale et la santé mentale. (2006). *Cadre d'action sur la maladie mentale et la santé mentale*.

⁵ Alliance canadienne pour la maladie mentale et la santé mentale. (2006). *Cadre d'action sur la maladie mentale et la santé mentale*.

⁶ Saklofske, D.H., Schwean, V.L., Bartell, R. et coll. (2007). *School Psychology in Canada: Past, present, and future perspectives*. In T. Fagan & P. Wise (eds.). *School Psychology: Past, present, and future perspectives*. Bethesda, MD: National Association of School Psychologists.

International Relations Committee

The Universal Declaration of Ethical Principles for Psychologists

JANEL GAUTHIER, Ph.D., Chair

Since 2002, I have had the honor and the privilege to lead an international ethics initiative under the auspices of the International Union of Psychological Science (IUPSyS) and the International Association of Applied Psychology (IAAP).

The goal of the project was to develop a universal declaration of ethical principles for psychologists. Over the last six years, I have written about the project in *Psychopsis* and I have presented progress reports at symposia during CPA annual conventions.

Last April, the Ad Hoc Joint Committee for the Development of a Universal Declaration of Ethical Principles for Psychologists approved the release of the third draft of the *Universal Declaration of Ethical Principles for Psychologists*. This latest draft was then submitted to the sponsoring organizations of the project for review, and possible adoption.

As Chair of the Ad Hoc Joint Committee, it gives me great pleasure to inform you that the third draft of the *Universal Declaration of Ethical Principles for Psychologists* was adopted by the General Assembly of the International Union of Psychological Science (IUPSyS) on July 22, and, subsequently, by the Board of Directors of the International Association of Applied Psychology (IAAP) on July 26 during their respective meetings in Berlin. In both instances, the vote on the motion to adopt the *Universal Declaration* was unanimous. One could not have hoped for stronger and more enthusiastic support from the international psychology community.

The IUPSyS is an organization composed of about 70 national psychology organizations, not more than one organization per country. In a way, the IUPSyS General Assembly is to psychology what the General Assembly of the United Nations is to the world. As to the IAAP Board of Directors, it has about 45 voting members representing all major regions of the world and sub-disciplines of applied psychology. It is the largest international psychology organization based on individual membership.

I would like to use this opportunity to also let you know that I will be presenting the *Universal Declaration of Ethical Principles for Psychologists* at the Annual DPI/NGO Conference that will be held at UNESCO in Paris from September 3-5, 2008. It will be the first time that the conference will take place outside of United Nations headquarters in New York City. The Conference is being organized to commemorate the 60th Anniversary of the adoption of the *Universal Declaration of Human Rights*. The

Conference is held in Paris because the *Universal Declaration of Human Rights* was adopted in Paris in 1948. One could not have chosen a better time to present the *Universal Declaration of Ethical Principles for Psychologists* to the United Nations. This presentation will help to get it out there.

The development of a universal declaration of ethical principles for psychologists was an ambitious goal and a challenging process. As psychologists, all of us have every reason to be proud of what we have been able to achieve together. Such a level of success requires the contribution of many people from many regions of the world. First, I would like to acknowledge the contribution of the members of the Ad Hoc Joint Committee who have so kindly shared their knowledge and expertise throughout the project. For your information, those members are (in alphabetical order): Rubén Ardila (Colombia), Lutz Eckensberger (Germany), Nasrin Jazani (Iran), Hassan Kassim Khan (Yemen), Catherine Love (New Zealand), Elizabeth Nair (Singapore), Kwadzi Nyanungo (Zimbabwe), Paul B. Pederson (United States), Tuomo Tikkanen (Finland), Ann Watts (South Africa), and Kan Zhang (China). In addition, I would like to recognize the contribution of all of those who have provided me and the members of my working group with feedback and encouragement to carry on this very unique and exciting project. I especially wish to highlight here the contribution of Dr. Jean Pettifor and Dr. Carole Sinclair who have been instrumental in helping me to bring this project to a successful completion. Finally, I would like to acknowledge the contribution of many psychology organizations that have supported the development of the *Universal Declaration* in various ways over the years. This includes not only the sponsoring organizations, but also other organizations such as the Canadian Psychological Association (CPA). I wish to use this opportunity to express my gratitude to all the presidential officers, the members of the Board of Directors, the members of the International Relations Committee, and the members of the Ethics Committee for encouraging me to pursue the goal of developing a universal declaration of ethical principles for psychologists.

The newly adopted *Universal Declaration* is the result of a six-

year process involving careful research, broad international consultation, numerous focus-group discussions, drafts and revisions. It is anticipated that the newly adopted *Universal Declaration* will have influence worldwide in psychology on the development and revisions of codes of ethical conduct, education and training in ethics, and thinking about ethics. The *Universal Declaration* as adopted in Berlin may be

accessed at <http://www.iupsys.org/ethics/univdecl2008.html> and <http://www.iaapsy.org>. Information regarding the development of the *Universal Declaration* (e.g., background papers, progress reports and discussions on important issues) will continue to be available at <http://www.iupsys.org/ethicsdoc.html>.

The significance of a document such as the *Universal Declaration* depends on its recogni-

tion and promotion by psychology organizations at local, national, regional and international levels. This is why I call upon each CPA Member to encourage all the psychology organizations in which they hold membership to adopt, endorse, or recognize the *Universal Declaration*.

Psychologists are citizens of the world. Adherence to ethical

See *International* on page 11

Accreditation Panel Update

PETER HENDERSON, Ph.D., Chair
ARCANGELO CAPUTO, Ph.D., Registrar

The fall season signals the beginning of another academic year and, with that, changes to the membership of the Accreditation Panel. CPA is pleased to welcome Drs. Laurene Wilson (Royal University Hospital) and Gaëtan Losier (Université de Moncton) and student member Anna Tirovolas (McGill University) to the Panel. The Chair of the Accreditation Panel for 2008-09 is Dr. Peter Henderson (The Ottawa Hospital Rehabilitation Centre).

Dr. Henderson looks forward to working closely with Panel members and the Accreditation Office in further developing accreditation in Canada and promoting its value and rigour.

CPA sincerely thanks Dr. Jeff Derevensky, past-Chair of the Accreditation Panel, and Darlene Walker, past-student member of the Accreditation Panel, for their commitment and significant contributions to accreditation over the past year. Special thanks and appreciation to Dr. Teréz Rétfalvi whose term on the Panel will "finally" end at the conclusion of the fall 2008 Panel meeting. Dr. Rétfalvi has proven so invaluable to the Accreditation Panel that she twice graciously agreed to extend her term of membership on the Panel, contributing more than five years of dedicated service. Thank you, Teréz.

The Accreditation Panel would also like to take this opportunity to sincerely thank all those professionals and academics who volunteered their valuable time and expertise in serving as site visitors for the Panel in the 2007-08 academic year. The accreditation process is dependent to a great extent on your expertise, volunteerism, and identification with the profession of psychology. Many thanks to Drs.:

Vincent Adesso	Sylvie Belleville
Maryka Biaggio	Harvey Brooker
Robert Brown	David Clark
Janice Cohen	Jennifer Connolly
Pam Cooper	Kenneth Craig
Anna Beth Doyle	Henry Edwards
Monica Gemeinhardt	Doris Hanigan
Alan King	Jane Ledingham
Robert McLlwraith	Samuel Mikail
Kerry Mothersill	John Pearce
Irwin Pencer	William Ray
Don Saklofske	Alex Schwartzman
Dale Stack	David Stein
Josephine Tan	Carl von Baeyer
Richard Young	

Newly accredited programmes in 2007-08 included the Clinical Psychology internship programme at Hamilton Health Sciences and the Clinical Neuropsychology internship programme at Hamilton Health Sciences. Congratulations! The CPA now accredits a total of 55 doctoral and internship programmes in professional psychology in Canada.

The Accreditation Panel would like to extend an invitation to interested CPA members across

Canada to serve as a **site visitor** for the Accreditation Panel. Site visits are an essential and integral part of the accreditation and re-accreditation process and, to this end, the CPA is dependent upon the volunteerism of professionals and academics to serve as site visitors. Past and current site visitors often note that they enjoy the collegiality in conducting site visits and their participation helps them to remain current with the training standards for professional psychology.

The Accreditation Office plans to hold a site visitor training workshop on Friday, November 14, 2008 at CPA's head office in Ottawa, Ontario. The workshop will take place at 141 Laurier Avenue West, Suite 702, from 9:00 a.m. until 4:00 p.m. (lunch provided). There is no registration fee for the workshop and continuing education credits will be given to participants who complete the entire workshop. Registration is limited to 12 participants. The workshop is intended for psychologists and psychology professors who are CPA members and interested in serving as a site visitor for the Accreditation Panel. If you are interested in attending, please contact Ann Marie Plante, Accreditation Assistant, at aplante@cpa.ca (613-237-2144 ext. 328; 1-888-472-0657 ext. 328) and confirm your attendance no later than October 31, 2008. We are always in need of new site visitors to replenish our roster and so we urge you to consider attending this workshop and undertake this important role. Information on registering for the workshop can also be found on our website (<http://www.cpa.ca/accreditation/upcomingsitevisitortrainingworkshops/>).

Likewise, should you have an interest in serving as a **Panel member**, we welcome your application for membership. We request a three-year commitment, beginning in the 2009-10 academic year, and the Panel meets twice yearly in Ottawa. More information about the roles and responsibilities of Panel members can be found in the Accreditation Standards and Procedures manual available in pdf format on our website (<http://www.cpa.ca/accreditation/>). To express an interest in applying for Panel membership, please mail, fax, or e-mail a letter of interest, along with a current curriculum vitae, to the attention of Dr. Angelo Caputo (Registrar) at the CPA office. For more information, please contact Dr. Caputo at accreditation@cpa.ca

All the best for the new academic year!

NEWS

International Congresses in Germany in July: Overview

JOHN BERRY, Ph.D., JANEL GAUTHIER, Ph.D., and
PAUL HASTINGS, Ph.D., International Relations Committee



In July 2008, there were a number of international congresses held in Germany. These included: the main International Congress of Psychology (ICP) (held under the auspices of the International Union of Psychological Sciences) in Berlin from July 20 to 25; the International Congress of the International Association for Cross-Cultural Psychology (IACCP), in Bremen from July 27 to 31; and the International Congress of the International Society for the Study of Behavioural Development (ISSBD), in Würzburg from July 13 to 17.

The ICP was the largest world psychology congress of all time, with more than 8,400 delegates from all over the world, 2,673 papers presented at symposia, 2,040 at paper sessions, and 4,285 at poster sessions. Invited contributions included approximately 100 invited addresses and approximately 200 invited symposia. Three Canadian psychologists presented an invited address. They were Bob Vallerand "On a psychology of passion"; Anthony Marley "The best-worst method for the study of preferences: Theory and applications"; and

Michel Sabourin "Credibility and ethnicity: Theoretical and empirical perspectives". Ten Canadian psychologists chaired an invited symposium. They were (in alphabetical order): Xinyin Chen, Janel Gauthier, Pierre Gosselin, John Hunsley, Pierre Jolicoeur, Raymond Klein, Bärbel Knäuper, Michael Masson, Pierre Ritchie, and Michael Ungar. In addition, there were 24 pre-congress workshops. One of them was presented by Barbara M. Byrne and was entitled "Beginner's guide to applied structural equation modeling." Finally, there were five

controversial debates, a new presentation format that was introduced in Berlin to stimulate discussion during the congress. The debated questions were: "Functional neuroimaging has already told us a lot about cognition: Yes or No?"; "Managing diversity at school: Should students be grouped by their ability?"; "Do evidence-based psychotherapy and education require randomized trials?"; Should psychologists adopt the experimental practices of economics?"; and "Do chimpanzees have culture?";

The IACCP Congress was more intimate, but still had over 600 participants from over 40 countries. There were over 700 presentations, including 10 keynote addresses, 9 state-of-the-art lectures, 153 poster presentations, and papers in symposia and thematic paper sessions. There were 31 participants from Canada. One symposium (organised by John Berry and Walt Lonner) presented an overview of the history of the Association as part of the IACCP Archives project. Another symposium focused on the *Universal Declaration of Eth-*

ical Principles for Psychologists, organised by Janel Gauthier. Other symposia included discussions of acculturation, early childhood development in Africa, culture and cognition, environmental issues, indigenous psychologies, intercultural relations, and the value of children.

At the ISSBD Congress, there were about 1,200 participants from 55 countries who made about 1,400 presentations in 150 sessions, including 4 keynote speakers, 13 invited speakers, with over 100 symposia, and over 800 individual posters. Of 190 Canadian developmental scientists who were presenters or co-presenters on 62 posters and 33 papers, and discussants for 13 symposia, about 60 attended the meeting in Würzburg. Bill Bukowski (Canada) was graciously acknowledged for concluding his outstanding tenure as Editor of society's journal, *International Journal of Behavioural Development*. Canadian scientists

organized and chaired several of these, on such topics as "Moral Emotions and Positive Youth Development", "Early Adversity and Social-emotional Development in Post-Institutionalized Internationally Adopted Children", "Play in the Perspective of Cultural-Historical Psychology", "Action Understanding and Action Control in Infancy", and "Developmental and Contextual Mechanisms Associated with Bullying and Victimization".

In all these congresses, Canadian psychologists and perspectives were well-represented and well-received. We encourage all members of CPA to continue, and even extend their participation in these international exchanges. They are extremely worthwhile and provide a needed basis for the development of a universal psychological science and practice.

Practice

Continued from page 6

tled *Psychology Works* because it does.

Issues of knowledge translation, access, and advocacy can go hand in hand. The best form of advocacy is to make sure that accurate knowledge is available. We need to ensure that the CPA Fact Sheets remain up to date,

complete, and scientifically sound. In the years to come, Fact Sheets and other knowledge dissemination tools will further increase in their relevance for psychology practice, and we will want to be guided by the research coming forth on effective knowledge translation. Delivering information in forms like our *Psychology Works* web-based Fact Sheets will itself become a science.

Pratique

Suite de la page 6

Les feuillets d'information de la SCP étaient intitulés à bon escient *La psychologie peut vous aider...*

Les questions de traduction des connaissances, d'accès et de représentation peuvent aller de pair. La meilleure forme de représentation est de s'assurer que des connaissances exactes sont disponibles. Nous devons nous assurer que les feuillets d'information de la SCP restent à jour,

complets et fondés sur des données scientifiques saines. Dans les années à venir, les feuillets d'information et d'autres outils de diffusion des connaissances accroîtront davantage leur pertinence dans la pratique de la psychologie et nous voudrions être guidés par la recherche provenant d'une traduction des connaissances efficace. La livraison de l'information dans des formes comme celle de nos feuillets d'information sur le Web *La psychologie peut vous aider* deviendront en elles-mêmes une science.

CANADIAN
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DE PSYCHOLOGIE

CPA Site Visitor Training Workshop

The Canadian Psychological Association (CPA) **Accreditation Panel** is pleased to announce that a **Site Visitor Training Workshop** will be held on Friday, November 14, 2008 at CPA's head office in Ottawa, Ontario. The workshop will take place at 141 Laurier Avenue West, Suite 702, from 9:00 a.m. until 4:00 p.m. (lunch provided). There is no registration fee for the workshop and continuing education credits will be given to participants who complete the entire workshop. Registration is limited to 12 participants. The workshop is intended for psychologists and psychology professors who are CPA members and interested in serving as a site visitor for the Accreditation Panel.

If you are interested in attending, please contact **Ann Marie Plante, Accreditation Assistant**, at aplante@cpa.ca (613-237-2144 ext. 328; 1-888-472-0657 ext. 328) and confirm your attendance no later than October 31, 2008.

Atelier à l'intention des membres visiteurs des installations

Le **Jury d'agrément** de la Société canadienne de psychologie (SCP) a le plaisir de vous annoncer qu'un **atelier à l'intention des membres visiteurs des installations** aura lieu en anglais le vendredi 14 novembre 2008 au bureau de la SCP à Ottawa, Ontario (141, avenue Laurier Ouest, bureau 702), de 9 h à 16 h (repas compris). Il n'y a pas de frais d'inscription à l'atelier et des crédits d'éducation permanente seront attribués aux personnes qui suivent l'atelier au complet. Veuillez noter que le nombre maximum de participants est de 12. L'atelier s'adresse aux psychologues et professeurs de psychologie qui sont membres de la SCP et intéressés à devenir des visiteurs d'installation pour le Jury d'agrément.

Si la participation à cet atelier vous intéresse, nous vous prions de communiquer avec **Ann Marie Plante, Adjointe à l'agrément**, à l'adresse électronique aplante@cpa.ca, ou par téléphone au (613) 237-2144, poste 328 ou au numéro sans frais 1-888-472-0657, poste 328 et confirmer votre présence au plus tard le 31 octobre 2008.

International

Continued from page 10

principles in the context of our work contributes to a stable society that enhances the quality of life for all human beings. Together, by participating in the promotion of the *Universal Declaration*, we can make a significant contribution to the building of a global society based on respect and caring for persons and peoples.

NEWS

Promoting the Integration of Psychologists in Primary Care: Different Initiatives, Different Collaborations, Same Advocacy

JEAN GRENIER, Ph.D., MARIE-HÉLÈNE CHOMIENNE, MD

2 008 has marked the launch of several very successful collaborative, research and advocacy initiatives between Clinical Health Psychology and Family Medicine at the Montfort Hospital in Ottawa.

First, we have had the privilege of integrating a psychologist and a nurse practitioner to the Family Medicine Unit (FMU). This initiative is funded by the Interprofessional Care/Education Fund (ICEF) of Health Force Ontario. ICEF is a funding program that supports innovative health education or health care projects that foster and build interprofessional teams. Montfort's FMU is an outpatient primary health care setting as well as home for the University of Ottawa's Francophone Residency Program in Family Medicine. We also have doctoral level psychology candidates completing practicum and internship level training in Clinical Health Psychology through the FMU. Our initiative aims at bringing residents in family medicine, practicum students/interns in clinical psychology as well as student nurse practitioners, to work collaboratively to deliver patient-centered care. The objective is not only to have them learn about delivering patient-

centered health services, but also to have them learn about and from each other's respective professions. Starting this September, learners in family medicine, clinical psychology and nursing will participate together in various activities such as weekly formal/scheduled and informal/unscheduled case discussions, monthly seminars on various primary health care topics and job shadowing opportunities to name a few. We will also take advantage of this educational initiative to study the impact of such activities on learners' openness and attitudes towards interprofessional service delivery and interprofessional learning. We feel that in order to have future psychologists collaborate effectively with family physicians and nurse practitioners (as well as any of the other health professions involved in primary care), these professionals will benefit from opportunities to work and learn together early in their careers. Also, let us not forget that pro-

moting initiatives, whether clinical, pedagogical or research based, where different professions work and learn along with psychologists is not only beneficial in their own right for the sake of their own objectives, but is an excellent advocacy strategy for Psychology. The more various health professions, especially Medicine, better understand the unique contributions psychologists can bring to the team, the more potential there is for them to genuinely appreciate and voice their support for Psychology, particularly when it comes to improving primary mental health care and increasing the population's access to evidence-based psychological treatments.

On June 27th, 2008, our team organized a full day meeting between clinician-researchers in psychology and medicine from different parts of Canada, and representatives from the Canadian Psychological Association, the Mental Health Commission of Canada and the Ontario College of Family Physicians. The objectives of this full-day meeting were to: 1) share information about the status of advancement of Psychology in primary mental healthcare; 2) identify next steps in advancing research in primary mental healthcare and 3) build re-

lationships and identify opportunities for collaboration on next steps. Presentations were made from various perspectives on Psychology's current presence and future potential contributions to primary mental health care and health in general. A clinical psychologist joined the group live from Australia via videoconferencing and gave a historical perspective on Australia's national strategy to primary mental health reform. She explained how Australia made significant gains in diversifying and strengthening the mental health workforce by including the specialist profession of clinical psychology under the public health care system in parallel with psychiatry. In the afternoon, participants engaged in a brainstorming session to talk about key questions for research that would be pertinent to advance primary mental healthcare. All agreed that further funding will need to be pursued to continue the dialogue and specifically prepare for more substantial funding for particular research endeavours.

From this June 27th, 2008 meeting, interesting relationships were built and further collaboration continued with a provincial chapter of the Canadian College of Family Physicians. Our team

as well as some of the psychologists who participated in the meeting were invited to further share their knowledge and ideas about how Psychology and psychologists can contribute to primary mental health care and collaborate judiciously with family physicians to share the burden of common mental health problems in primary care and increase the population's awareness and access to evidence-based psychological treatments.

Our intention in sharing these initiatives is to remind Canadian psychologists that many professional activities in which they are already engaged, whether they are clinical, teaching or research based, have the potential to generate interprofessional initiatives which are valuable in their own right and in addition, can serve as stepping stones to advocate for Psychology and psychologists... in this case, advocating for the contributions Psychology and psychologists can bring to primary care. We welcome any commentaries and further thoughts on your part. You can simply communicate with us at the Montfort Hospital, in Ottawa, ON.



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Société canadienne de psychologie
70^e Congrès annuel

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MONTRÉAL

Toutes les présentations sont décrites dans la langue de la communication

Honorary President's Address
Allocution du Président d'Honneur

“Adoption of a Public Health Perspective in the Delivery of Evidence-Based Parenting Intervention: Benefits and Challenges”



Matthew R. Sanders, Ph.D.

Matthew R. Sanders is a Professor of Clinical Psychology and Director of the Parenting and Family Support Centre at The University of Queensland. He is the founder of the internationally acclaimed Triple P-Positive Parenting Program, which has won a National Violence Prevention Award from the Commonwealth Heads of Government in Australia and is now run in 16 countries around the world. He has received an International Collaborative Prevention Research Award from the Society for Prevention Research, is a fellow of the Australian Psychological Society and the Academy of Experimental Criminology. He has been a consultant to the Council of Europe on Positive Parenting and to the World Health Organization. In 2007 he won the Australian Psychological Society's President's Award for Distinguished Contribution to Psychology, received a Trailblazer Award from the Parenting and Families special Interest Group at ABCCT and was named Queensland of the Year.

Matthew R. Sanders est professeur de psychologie clinique et directeur du Parenting and Family Support Centre de l'Université de Queensland. Il est le fondateur reconnu internationalement du Programme d'entraînement parental positif Triple P qui s'est mérité le National Violence Prevention Award du Commonwealth Heads of Government en Australie et qui a été mis en œuvre dans 16 pays partout dans le monde. Il a reçu le International Collaborative Prevention Research Award de la Society for Prevention Research et il est fellow de l'Australian Psychological Society et ainsi que de l'Academy of Experimental Criminology. Il a été consultant auprès du Conseil de l'Europe sur le partage positif et l'Organisation mondiale de la santé. En 2007, il s'est mérité l'Australian Psychological Society's President's Award pour sa contribution exceptionnelle à la psychologie, il a reçu un Trailblazer Award du Parenting and Families special Interest Group de l'ABCCT et a été nommé Queensland of the Year.

The Family of Psychology
Keynote Address

Conférence “La Famille de la Psychologie”

“Rich False Memories”



Elizabeth Loftus, Ph.D.

Elizabeth Loftus is a Distinguished Professor at the University of California - Irvine. She holds faculty positions in three departments (Psychology & Social Behavior, Criminology, Law & Society; and Cognitive Sciences), and is also a Fellow of the Center for the Neurobiology of Learning and Memory. She received her Ph.D. in Psychology from Stanford University. Since then, she has published 22 books (including the award winning Eyewitness Testimony) and over 450 scientific articles. Loftus's research of the last 30 years has focused on the malleability of human memory. She has been recognized for this research with six honorary doctorates and election to the Royal Society of Edinburgh, the American Philosophical Society, and the National Academy of Sciences. She is past president of the Association for Psychological Science, the Western Psychological Association, and the American Psychology-Law Society.

Elizabeth Loftus est professeure distinguée à l'University of California (Irvine). Elle occupe un poste d'enseignement dans trois départements (psychologie et comportement social; criminologie, loi et société; et sciences cognitives) et à l'école de droit, et elle est aussi fellow du Center for the Neurobiology of Learning and Memory. Elle a obtenu un Ph.D. en psychologie de la Stanford University. Depuis lors, elle a publié 22 livres (dont Eyewitness Testimony qui lui a mérité un prix) et plus de 450 articles scientifiques. Sa recherche au cours des 30 dernières années a porté sur la malléabilité de la mémoire humaine. Sa recherche a été soulignée par six doctorats honorifiques et son élection à la Royal Society of Edinburgh, à l'American Philosophical Society et à la National Academy of Sciences. Elle est une ancienne présidente de l'Association for Psychological Science, de la Western Psychological Association et de l'American Psychology-Law Society.

Science & Applications Address
Conférence “Science & Applications”

“Towards a Unified Transdiagnostic Treatment for Emotional Disorders”



David H. Barlow, Ph.D.

David H. Barlow is Professor of Psychology and Psychiatry, and Founder and Director Emeritus of the Center for Anxiety and Related Disorders at Boston University. He has published over 500 articles and chapters, and over 60 books and clinical manuals, mostly in the area of emotional disorders and clinical research methodology. Dr. Barlow has received numerous career awards, including the American Psychological Association (APA) Distinguished Scientific Award for the Applications of Psychology and the Distinguished Scientific Contribution Award from the Society of Clinical Psychology (Division 12 of APA). He is Past-President of the Society of Clinical Psychology and the Association for Behavioral and Cognitive Therapies. He was also Chair of the APA Task Force on Psychological Intervention Guidelines, was a member of the DSM-IV Task Force of the American Psychiatric Association, and was Co-Chair of the Work Group for revising the anxiety disorder categories.

David H. Barlow est professeur de psychologie et de psychiatrie et fondateur et directeur émérite du Center for Anxiety and Related Disorders à la Boston University. Il a publié plus de 500 articles et chapitres et plus de 60 livres et manuels cliniques, surtout dans le domaine des troubles émotifs et de la méthodologie de recherche clinique. Il a reçu un grand nombre d'attestations d'excellence dans sa carrière, notamment le Distinguished Scientific Award for the Applications of Psychology de l'American Psychological Association (APA) et le Distinguished Scientific Contribution Award de la Society of Clinical Psychology (Division 12 de l'APA). Il est un ancien président de la Society of Clinical Psychology et de l'Association for Behavioral and Cognitive Therapies. Il était aussi président de l'APA Task Force on Psychological Intervention Guidelines, membre du DSM-IV Task Force de l'American Psychiatric Association et co-président du groupe de travail qui a révisé les catégories des troubles d'anxiété.

Deadline for submissions:

November 15, 2008

For more information please visit our
website at www.cpa.ca

Date limite de soumissions :

15 novembre 2008

Pour plus d'information, visitez notre
site web www.cpa.ca.

Second Call for Nominations for President-Elect and one Director on the CPA Board of Directors for 2009

Nominations are required for President-elect and one Director at-large who will assume office at the 2009 Annual General Meeting. President-elect and at-large Directors are nominated by all members and nominations **require the support of five Members/Fellows** as defined in By-Law IX 1.B*.

INSTRUCTIONS FOR NOMINATIONS FOR PRESIDENT-ELECT AND ONE DIRECTOR-AT-LARGE

Members and Fellows of the Canadian Psychological Association are invited to nominate for the President-elect and one Director-at-large positions on the Board of Directors. However, as prescribed in By-Law IX, B (ii)* **the Board of Directors has reserved the seat for a Francophone.**

Each nomination must include a curriculum vitae for the candidate, including educational background, present and former positions, and research and/or professional activities. **It must be accompanied by a letter from the nominator and four letters of support** that states the position for which the candidate is being nominated, expresses support for the candidate, and contains a statement to the effect that the nominator has ascertained the candidate's willingness to stand for nomination.

The names and supporting materials of nominees must be received **by November 10, 2008** at CPA Head Office and should be sent preferably by email to:

admindirector@cpa.ca
Dr. Thomas Hadjistavropoulos
 Chair, Nominating Committee
 Canadian Psychological Association
 141, Laurier Ave. West, Suite 702
 Ottawa, Ontario K1P 5J3

PRESENT BOARD REPRESENTATION

So that you may be aware of the present balance of the Board, its current voting membership is as follows:

President

Catherine M. Lee, University of Ottawa, ON, Clinical

Past President:

Thomas Hadjistavropoulos, University of Regina, SK, Health Psychology

President-elect:

Martin M. Antony, Ryerson University, Toronto, ON, Clinical

DIRECTOR RETIRING 2009

At-large - Nicole Aubé, Private Practitioner, Vancouver, BC, Clinical and Forensic Psychology

DIRECTOR REPRESENTING THE COUNCIL OF PROFESSIONAL ASSOCIATIONS OF PSYCHOLOGISTS - Jennifer Frain, Practitioner-Administrator, Community Agency, Winnipeg, MB

DIRECTOR RETIRING 2010

(Scientist-Practitioner) Peter Bieling, McMaster University & St. Joseph Hospital, Hamilton, ON, Clinical
(At-large) Juanita Mureika, N.B. Department of Education, School Psychology

Director representing the Council of Canadian Departments of Psychology (CCDP)

Keith Dobson, University of Calgary, AB, Clinical

Director representing the Canadian Psychological Association's Section on Students.

Kelly Smith, Doctoral Student, Queen's University, Kingston, ON

DIRECTORS RETIRING 2011

Scientist - David Dozois, University of Western Ontario, London, ON, Clinical

Practitioner - Lorne Sexton, University of Manitoba, Winnipeg, MB, Health Psychology

At-large - Peter Graf, University of British Columbia, Vancouver, BC, Brain, Behaviour and Cognition

*BY-LAW IX - NOMINATION - IS AVAILABLE ON CPA WEB SITE: <http://www.cpa.ca/aboutcpa/by-laws/>

Second Call for Nominations for Election to the Status of Fellow of the Canadian Psychological Association 2009

The Committee on Fellows invites you to recognize the distinguished contributions of your colleagues by nominating them for consideration by the Committee. Nominees must be Members in good standing of the Association. Should the nominee not be selected as a Fellow the year submitted, he or she will automatically be reconsidered in each of the next two years.

Any Member, except current members of the CPA Board of Directors, can be nominated for Fellow status. Members may not nominate themselves and current CPA Board members may not nominate. As noted in the By-Laws, there are three ways to achieve Fellow status: (1) distinguished contributions to the advancement of the science of psychology; (2) distinguished contributions to the advancement of the profession of psychology; and (3) exceptional service to national or provincial associations of psychologists.

Nominations must be made as follows:

1. Nominations must include a current curriculum vitae for the nominee and **at least three endorsing letters** written in the last calendar year by current Fellows or Members. Preferably, the nominators should be drawn from three different institutions, with no more than one coming from the nominee's home institution.
2. The letters of nomination should be specific about the ways in which the nominee's research or practice has contributed to the advancement of the science or profession of psychology or as to ways the person's service to national or provincial associations of psychologists have been exceptional. In the case of nominations based upon accomplishments other than published theory or research, the specific innovative contributions and their impact on psychology should be described.
3. The letters of nomination should point out evidence of the quality of journals in which the nominee has published, awards received, etc. In the case of nominations based upon exceptional service to national or provincial associations of psychologists, the letters of nomination should point the nature of the associations (e.g., nature of the associations, number of members, services they provide).
4. Normally, the nominee should have completed his or her post-secondary training 10 years prior to being nominated for Fellow status. Someone with less than 10 years experience following graduation, but more than 5 years of experience, could be elected Fellow if his or her contributions or services have been found by the Committee to be truly exceptional.

Nominations must be submitted preferably by email (in PDF format) **by NOVEMBER 30**, and must be accompanied by the nominee's curriculum vitae/resume, together with supporting statements by at least three nominators, to:

admindirector@cpa.ca
Dr. Thomas Hadjistavropoulos
 Chair, CPA Committee on Fellows and Awards
 Canadian Psychological Association

The list of CPA Fellows is available on the CPA Web Site at <http://www.cpa.ca/aboutcpa/cpaawards/cpafellows/>

Public Policy Committee Report

JUANITA MUREIKA, M.A., CPA Board Member

The Public Policy Committee was formed in 2007 by the Canadian Psychological Association "to support and promote the application of psychology as a science and a profession to the advancement of human welfare through influence on public policy".

With goals of increasing awareness of relevant psychological research among policy makers, informing the public of psychological knowledge relevant to public policy during times of public discussion and debate regarding that policy, and encouraging psychologists to recognize and articulate the public policy implications of their research, where such implications exist, the Committee works in direct partnership with CPA Head Office to ensure that psychological information and perspective is readily available to the public and to politicians to assist with decision-making.

The Public Policy Committee has chosen violence as its broad focus for 2008-2009, given the social impact of violence in all its forms, and the wealth of psychological evidence available to inform, educate, and hopefully

change attitudes about the acceptability of violence in society. Initially, youth violence has been targeted, and two subcommittees have been formed to examine the reviews of the Youth Criminal Justice Act (YCJA) and bullying. Terms of reference for the Public Policy Committee can be found at: <http://www.cpa.ca/aboutcpa/boardofdirectors/committees/publicpolicy/>.

The importance of this committee to CPA's mandate of providing "Psychology for All" is underscored by the fact that the committee is chaired by Catherine Lee, President of CPA, and Karen Cohen, Executive Director is an ad hoc member of the committee. In addition to pursuing the two target areas, the Committee has drafted guidelines for its work which will be presented for approval at the November meeting of the CPA Board of Directors.

The sub-committee focused on the YCJA review (Drs. Catherine Lee, Karen Cohen, Elizabeth Church, and Juanita Mureika) worked throughout the summer with invited experts Drs. Katherine Covell, Alan Leschied and Steven Wormith to complete a statement which was submitted to the Department of Justice prior to the August 15, 2008 deadline for public submissions. The link for that statement appears below, for the information of members. <http://www.cpa.ca/cpasite/userfiles/Documents/Youth%20Criminal%20Justice%20Act0808.pdf>.

Although the public consultation is closed at this point, it will be important for psychologists to follow any changes proposed to the YCJA, and to make their provincial legislators and the Department of Justice, Canada, aware of their concerns. Who else is better positioned to remind our government decision-makers of the importance of ensuring developmentally appropriate prevention and intervention measures with at-risk youth than CPA and Canadian psychologists?

A F F A I R E S D E L A S C P

Rappel de mise en candidature pour le titre de Fellow de la Société canadienne de psychologie

Le Comité des fellows vous invite à souligner la contribution de vos collègues en lui présentant leur candidature. Les candidats doivent être membres en règle de la Société.

Si le ou la candidate n'est pas élu(e) l'année de mise en candidature, il ou elle sera éligible pour les deux années suivantes.

Tous les membres, sauf les membres actuels du Conseil d'administration de la SCP, peuvent être mis en candidature au titre de fellow. Les membres ne peuvent pas se mettre eux-mêmes en candidature et les membres du Conseil d'administration actuels ne peuvent pas proposer de candidature. Comme il est indiqué dans le règlement, il y a trois façons d'obtenir le statut de fellow : 1) une contribution éclatante au développement scientifique de la psychologie; 2) une contribution éclatante au développement professionnel de la psychologie; et 3) un service exceptionnel aux associations nationales ou provinciales de psychologues.

Les mises en candidature doivent être faites de la façon suivante :

1. Les mises en candidature doivent inclure le curriculum vitae à jour de la personne en nomination et **au moins trois lettres d'appui** rédigées au cours de la dernière année civile par des fellows ou des membres actuels. Préférentiellement, les personnes qui font les mises en candidature devraient provenir de trois organismes différents, un seul au plus venant du même organisme que celui de la personne mise en candidature.
2. Les lettres de mise en candidature doivent être précises quant aux façons dont la recherche ou la pratique de la personne en nomination a contribué au développement scientifique ou professionnel de la psychologie ou aux façons dont le service de la personne à son association nationale ou provinciale de psychologues a été exceptionnel. Dans le cas de mises en candidature fondées sur des réalisations autres que de la théorie ou de la recherche publiée, les contributions novatrices précises et leur incidence sur la psychologie devraient être décrites.
3. Les lettres de mise en candidature devraient mettre en valeur la qualité des revues où la personne en nomination a publié, les prix qu'elle a reçus, etc. Dans le cas d'une mise en candidature fondée sur un service exceptionnel à son association nationale ou provinciale de psychologues, les lettres de mise en candidature devraient souligner la nature des associations (p. ex. la nature des associations, le nombre de membres, les services fournis, etc.).
4. Normalement, la personne mise en candidature devrait avoir terminé sa formation post-secondaire dix ans avant sa mise en candidature au titre de fellow. Une personne possédant moins de dix ans d'expérience après avoir obtenu son diplôme, mais plus de cinq années d'expériences, pourrait être élu fellow si sa contribution ou son service a été trouvé vraiment exceptionnel par le Comité.

Les mises en candidature doivent parvenir préférentiellement par courriel (en format PDF) au plus tard le **30 NOVEMBRE** et doivent être accompagnées du curriculum vitae du candidat ou de la candidate et au moins trois lettres d'appui à l'adresse suivante :

admindirector@cpa.ca
D^r Thomas Hadjistavropoulos
 Président du Comité des fellows et des prix
 Société canadienne de psychologie

Veuillez consulter la liste des fellows actuels sur notre site web
<http://www.cpa.ca/aproposdelascp/prixdelascp/fellowsdelascp/>

Psychology Briefs

A CPA section on Quantitative Methods in Psychology is forming

We are looking for CPA members who are interested in joining this section. The purpose of the section is to support high standards in the statistical procedures employed by Psychologists, as well as to provide a forum for the communication and dissemination of information regarding quantitative methods to the psychological community. In addition to statistical procedures, members of the quantitative methods section also are concerned with issues of evaluation, design and measurement. The goals of the proposed section are to 1) Provide a forum of communication for quantitative methods specialists in Canada. 2) To disseminate knowledge regarding quantitative methods to CPA members in the interest of keeping them abreast of current developments in the field. 3) Organize symposia and/or workshops at CPA conferences related to methodological issues.

If you are interested in becoming a member of this section, please send an email to Dennis Jackson at djackson@uwindsor.ca.

Section on Women & Psychology Annual Awards

The Section on Women and Psychology (SWAP) is pleased to announce that Ilan dar Nimrod is the winner of the 2008 SWAP Student Paper Award. The winning paper, entitled *The Gender Divide Through a Genetic Lens: How exposure to genetic theories affects behaviors and attitudes*, was written by Ilan dar Nimrod with Stephen Heine and Clarissa Markel. The winning paper was presented at the 2008 SWAP Institute: Determinants of Women's Health: a Holistic Approach to Understanding Women's Psychological and Physical Well-Being at the Canadian Psychological Association Convention in Halifax, Nova Scotia, by co-author Clarissa Markel.

Ilan dar Nimrod is a Ph.D. student in psychology at the University of British Columbia, under the supervision of Stephen Heine. The \$500.00 award is presented annually for research of relevance to women and/or to feminism.

Travel bursaries, in the amount of \$200, were awarded to five students presenting papers or posters relevant to women and/or to feminism at the CPA convention or SWAP institute. This year, travel bursaries were awarded to Ashley Cavanaugh (Trinity Western University), Christina Drost (University of Regina), Paula Luedemann (University of Alberta), Deborah MacNiel (University of Alberta), and Judy Malone (Charles Sturt University).



Rappel de mises en candidature au conseil d'administration de la SCP pour les postes de président désigné et d'un directeur non désigné

Des mises en candidature pour les postes de président désigné et d'un directeur non désigné sont requises pour 2009. Une fois élues, ces personnes assumeront leurs fonctions lors de l'assemblée générale annuelle de 2009. Conformément au règlement IX (1) B*, le président désigné et les directeurs non désignés sont nommés par tous les membres et les mises en candidature **doivent être appuyées par cinq membres ou fellows**.

DIRECTIVES POUR LES MISES EN CANDIDATURE POUR LES POSTES DE PRÉSIDENT DÉSIGNÉ ET D'UN DIRECTEUR NON DÉSIGNÉ

Les membres et fellows de la Société canadienne de psychologie sont invités à faire des mises en candidature pour les postes de président désigné et d'un directeur non désigné du conseil d'administration. Cependant, tel que stipulé dans le règlement IX, B (ii)* le **conseil d'administration réserve le siège de directeur non désigné à une personne francophone**.

Chaque candidature devra être accompagnée du curriculum vitae du candidat et devra inclure ses antécédents en matière de formation, le(s) poste(s) qu'il occupe présentement et qu'il occupait auparavant ainsi qu'un résumé de ses activités professionnelles ou dans le domaine de la recherche. **La mise en candidature devra être également accompagnée d'une lettre du présentateur et quatre lettres d'appui** mentionnant le poste pour lequel ce candidat est nommé et, finalement, la mise en candidature devra renfermer une déclaration à l'effet que la personne nommée accepte de se porter candidate à l'élection.

Assurez-vous de faire parvenir vos mises en candidature pour les postes de président désigné et de directeur non désigné accompagnées des pièces nécessaires pour appuyer ces candidatures **au plus tard le 10 novembre 2008**, préférentiellement par courriel, à l'adresse suivante :

admindirector@cpa.ca
D^r Thomas Hadjistavropoulos
 Président du Comité des mises en candidature
 Société canadienne de psychologie
 141 avenue Laurier Ouest, bureau 702
 Ottawa, Ontario K1P 5J3

COMPOSITION ACTUELLE DU CONSEIL D'ADMINISTRATION

Afin que vous soyez au courant de la représentation actuelle au sein du conseil d'administration, les membres élus sont les suivants :

Présidente
 Catherine M. Lee, Université d'Ottawa, ON, psychologie clinique
Président sortant
 Thomas Hadjistavropoulos, University of Regina, SK, psychologie de la santé
Président désigné
 Martin M. Antony, Ryerson University, Toronto, ON, psychologie clinique

DIRECTEUR DONT LE MANDAT SE TERMINE EN 2009
Non désigné - Nicole Aubé, pratique privée, Vancouver, CB, psychologie clinique et judiciaire

DIRECTEUR REPRÉSENTANT LE CONSEIL DES ASSOCIATIONS PROFESSIONNELLES DE PSYCHOLOGUES - Jennifer Frain, Administratrice-praticienne, Agence communautaire, Winnipeg, MB

DIRECTEURS DONT LE MANDAT SE TERMINE EN 2010
Scientifique-praticien - Peter Bieling, McMaster University et St. Joseph Hospital, Hamilton, ON, psychologie clinique
Non désigné - Juanita Mureika, Département de l'éducation du N.B., psychologie scolaire
Dirigeant représentant le Conseil des départements canadiens de psychologie - Keith Dobson, University of Calgary, AB, psychologie clinique
Dirigeant représentant la Section des étudiants de la Société canadienne de psychologie - Kelly Smith, étudiante au doctorat, Queen's University, Kingston, ON

DIRECTEURS DONT LE MANDAT SE TERMINE EN 2011
Scientifique - David Dozois, University of Western Ontario, London, ON, psychologie clinique
Praticien - Lorne Sexton, University of Manitoba, Winnipeg, MB, psychologie de la santé
Non désigné - Peter Graf, University of British Columbia, Vancouver, CB, cerveau, comportement et cognition

Veuillez consulter notre site web pour prendre connaissance du règlement IX - Mise en candidature au <http://www.cpa.ca/aproposdelascp/reglementsgeneraux/>

NEWS - NOUVELLES

New at the 2009 CPA convention

PETER GRAF, Ph.D.
2009 Convention Committee Chair



Need a reason to visit Montreal? How about the 2009 CPA convention? Need a reason to attend the 2009 CPA convention? How about visiting beautiful Montreal? But the convention really needs no excuse. We attend it because it permits us to reconnect with distant colleagues, former students or supervisors, to meet with the best and brightest in Psychology from across Canada and abroad, and to learn firsthand about discoveries and developments in all of the research, teaching and practice specialties that define our discipline. The convention will be relaxing as well as exciting and inspiring, just like Montreal.

I have many fond old memories of CPA conventions, but the fondest is one I attended as a graduate student and presented to a small audience that included Fergus Craik and Vince Di Lollo. I felt truly honoured. I am sharing this memory to encourage established practitioners and researchers, especially all CPA fellows, to attend the Montreal convention so that you may, by your presence and participation, honour and inspire the next genera-

tion of researchers and practitioners.

Highlights about the Montreal convention will be provided in a forthcoming issue of *Psychopsis*, but as you prepare and make your submission, you may wish to know what will be new in 2009.

The most obvious change will be the manner in which conversation sessions are arranged. In Halifax, we had nearly 50 conversation sessions, each scheduled for 50 minutes, and too many of them were more like really protracted talks. In order to stimulate true conversations, each conversation session in Montreal will be arranged as a round table talk. The presenter may use handouts and similar props to stimulate discussion, and each session will have a moderator to facilitate turn-taking, as well as for time- and (if necessary) peace-keeping. By using a large ballroom furnished with numerous large round tables, we will be able to hold several conversations at the same time. Therefore, in addition to providing a setting more conducive to conversation, this manner of arranging conversations will also substantially reduce the number of parallel sessions that have made it challenging to successfully navigate our recent conventions.

Nouveauté au congrès de la SCP 2009

PETER GRAF, Ph.D. - Président du Comité du congrès de 2009



Vous avez besoin d'une raison pour visiter Montréal? Et qu'en est-il du congrès de la SCP 2009? Vous avez besoin d'une raison pour assister au congrès de la SCP 2009? Et qu'en est-il d'une visite de la belle ville de Montréal? Mais le congrès se passe réellement de justifications. Nous y assistons parce qu'il nous permet de renouer avec des collègues d'ailleurs, d'anciens étudiants ou superviseurs, de rencontrer les meilleurs et les plus brillants en psychologie venant de partout au Canada et de l'étranger, et d'apprendre de pre-

mière main les découvertes et les progrès dans la recherche, l'enseignement et les spécialités de la pratique qui définissent notre discipline. Le congrès se veut relaxant, tout autant que captivant et inspirant, tout comme la ville de Montréal.

J'ai de très bons souvenirs des congrès de la SCP, mais le souvenir que je chéris le plus est celui où j'ai assisté en tant qu'étudiant diplômé et fait une présentation devant un petit auditoire où se trouvaient Fergus Craik et Vince Di Lollo. Je me suis senti vraiment honoré. Je partage ce souvenir dans le but d'encourager les praticiens et les chercheurs établis, particulièrement tous les fellows de la SCP, à assister au congrès de Montréal de manière à ce que vous puissiez, par votre présence et votre participation, honorer et inspirer la prochaine génération de chercheurs et de praticiens.

Les faits saillants du congrès de Montréal seront présentés dans un numéro à venir de *Psychopsis*, mais au moment où vous vous préparez et faites votre proposition de présentation, vous pourriez vouloir savoir ce qu'il y a de nouveau en 2009.

Le changement le plus évident sera dans le déroulement des séances de conversation. À Halifax, nous comptons près de 50 séances de conversation, chacune devant durer 50 minutes, mais un grand nombre d'entre elles se sont vraiment trop éternisées. Afin de stimuler de vraies conversations, chaque séance à Montréal se déroulera en table ronde. Le présentateur pourra se servir de textes distribués et d'accessoires semblables pour stimuler la discussion, tandis qu'un modérateur facilitera le tour de table, marquera le temps et modérera l'ardeur des discussions (le cas échéant). En utilisant une grande salle de bal équipée de grandes tables rondes, nous serons en mesure de tenir plusieurs conversations en même temps. Par conséquent, en plus de fournir un contexte plus propice à la conversation, cette organisation réduira aussi de façon substantielle le nombre de séances parallèles, tout en facilitant la gestion du congrès qui a parfois été difficile par le passé.

A New Alliance in Publishing

Now published on behalf of the
Canadian Psychological Association by the
American Psychological Association (APA)—
The Official Journals of the Canadian Psychological Association

Publiées pour le compte de la Société canadienne de psychologie
par l'American Psychological Association (APA)—
Les Revues Officielles de la Société canadienne de psychologie



Canadian Psychology
Psychologie canadienne
Editor: John Hunsley, PhD



Canadian Journal of Behavioural Science
Revue canadienne des sciences du comportement
Editor: Greg Irving, PhD



Canadian Journal of Experimental Psychology
Revue canadienne de psychologie expérimentale
Editor: Simon Grondin, PhD

CAREERS - CARRIÈRES

CANADIAN
PSYCHOLOGICAL
ASSOCIATIONSOCIÉTÉ
CANADIENNE
DE PSYCHOLOGIE**Senior Executive Staff Position(s),
Canadian Psychological Association**

The Canadian Psychological Association is seeking a psychologist(s) who will take on responsibilities related to accreditation, representation, advocacy, policy development and revenue generation. Preference will be given to candidates interested in a full-time appointment. However, part-time appointments will be considered depending on candidate's preparedness, availability and interests. The scope and title of the position(s) will reflect the type of appointment made.

The successful applicant will devote 2 days a week to the role of Registrar of Accreditation which involves administration of the Accreditation Office. Activities will include consultation and communication with the training community, monitoring of accreditation policy and procedure, budget preparation, and reviewing self studies and annual reports on behalf of the Accreditation Panel.

The successful applicant will devote three days per week to activities related to representation, advocacy, policy development and revenue generation. To fulfill these activities, the successful candidate will have a strong appreciation for the integration of science and practice within psychology, an understanding of national and governmental agencies and activities relevant to research and practice, as well as the ability to effectively represent the discipline both to fellow psychologists and non-psychologists.

The successful candidate will have a doctoral degree in psychology and a good understanding of teaching, training, and credentialing as well as of the science and practice of psychology in Canada. Understanding and interest in social, health and science policy are required and experience in these areas would be definite assets. Candidates with an academic background and experience, and/or expertise and accomplishments in any of the specialties of psychology as represented by CPA's sections are welcomed. Although candidates with demonstrated and related experience are appreciated, early career psychologists with enthusiasm, interest and promise are also encouraged.

Candidates will have good interpersonal skills, be efficient and organized, be able to work independently and with a team, have excellent communication skills, and be able to process and review high volumes of written materials. Availability for travel is required. Bilingualism would be an asset.

Salary and benefits are competitive and commensurate with experience. The position is for a minimum term of three years (renewable). A letter of interest of no less than five hundred words, the names and contact information of three referees and, curriculum vitae must be received by November 10th, 2008. Only those applicants who have been selected for an interview will be contacted. The CPA thanks all other applicants for their interest. For information contact Marie-Christine Pearson: 613-237-2144 ext 329; 1-888-472-0657 ext 329; mpearson@cpa.ca.

**Poste(s) de cadres supérieurs à la
Société canadienne de psychologie**

La Société canadienne de psychologie est à la recherche d'un ou d'une psychologue qui assumera des responsabilités liées à l'agrément, la représentation, la défense des intérêts, l'élaboration de politiques et la production de revenu. La préférence sera accordée aux candidat(es) intéressé(es) à une affectation à temps plein. Cependant, une affectation à temps partiel sera évaluée en fonction de préparation, de la disponibilité et des intérêts du (de la) candidat(e). La portée et le titre du ou des postes influenceront le type d'affectation.

La personne retenue consacrera deux jours par semaine au rôle de registraire de l'agrément, ce qui suppose l'administration du bureau d'agrément. Elle veillera notamment à consulter le milieu de la formation et à communiquer avec lui, à surveiller les politiques et les procédures d'agrément, à préparer le budget et à examiner les autoanalyses et les rapports annuels au nom du jury d'agrément.

La personne choisie consacrera trois jours par semaine à des activités liées à la représentation, la défense des intérêts, l'élaboration de politiques et la production de revenus. Elle doit faire preuve d'une forte appréciation de l'intégration de la science et de la pratique au sein de la psychologie, d'une compréhension des organismes nationaux et gouvernementaux et des activités pertinentes à la recherche et à la pratique, ainsi que d'une capacité à représenter efficacement la discipline tant auprès des psychologues que des non-psychologues.

La personne retenue possèdera un doctorat en psychologie et une bonne compréhension de l'enseignement, de la formation et de l'accréditation ainsi que de la science et la pratique de la psychologie au Canada. La compréhension et l'intérêt en politique sociale, de santé et scientifique sont requis et leur expérience dans ces domaines serait des atouts certains. Les personnes ayant des antécédents et de l'expérience dans le milieu universitaire ou acquis des compétences et fait des réalisations dans l'une des spécialités de la psychologie telles que représentées par les sections de la SCP seront bien vues. Même si les personnes ayant de l'expérience manifeste et connexe sont appréciées, les candidatures de psychologues en début de carrière enthousiastes, intéressés et prometteurs sont aussi bien accueillies.

Les candidat(e)s doivent posséder de l'entregent, être efficaces et organisés, être capables de travailler en autonomie et en équipe; ces personnes possèdent aussi d'excellentes habiletés en communication et elles sont en mesure de traiter et examiner des volumes élevés de documents écrits. La personne doit être en mesure de pouvoir voyager. Le bilinguisme est un atout.

Le salaire et les avantages sociaux sont concurrentiels et correspondent à l'expérience. Le poste est d'une durée déterminée d'au moins trois ans et renouvelable. Une lettre d'intérêt d'au moins cinq cents mots, les noms et les coordonnées de trois personnes références et un curriculum vitae doivent nous parvenir au plus tard le 10 novembre 2008. Nous communiquerons seulement avec les personnes sélectionnées pour une entrevue. La SCP tient à remercier tous ceux et celles qui ont manifesté leur intérêt. Pour plus d'information veuillez communiquer avec Marie-Christine Pearson au 613-237-2144, poste 329 ou, sans frais, au 1-888-472-0657, poste 329 ou par courriel à l'adresse mpearson@cpa.ca.



The Department of Psychology at the University of British Columbia (<http://www.psych.ubc.ca>) invites applications for two tenure-track positions, which will begin 1 July 2009. Both positions are planned for the Assistant Professor level, although under exceptional circumstances a higher rank may be considered. Candidates must have a PhD before commencing the position. Individuals with strong research records appropriate to a research-oriented doctoral program, and who have strong commitments and demonstrated potential to achieve excellence in teaching and research supervision of undergraduate and graduate students, are encouraged to apply in either of the following area:

(1) Clinical Psychology. We seek a person who would enhance the Department's APA- and CPA-accredited doctoral program in clinical psychology, which operates on a clinical science model. Candidates with strong research programs in any area of clinical psychology are encouraged to apply. The position involves teaching, research, and both clinical and research supervision of students. Applicants for this position are expected to have accredited clinical training (including an APA- or CPA-accredited internship) and to obtain registration as a psychologist in the province of British Columbia.

(2) Developmental Psychology. Although we are looking for the strongest candidate in any area of developmental psychology, we are especially interested in candidates whose research focuses on social/personality development or the development of social cognition. We are also interested in candidates whose work bridges traditional areas (e.g., developmental psychology and cultural cognition) or whose research involves multiple methods (e.g., behavioral measures, neuroimaging, computational modeling).

The starting salary for either position will be commensurate with experience. The University of British Columbia hires based on merit and is committed to employment equity. All qualified candidates are encouraged to apply; however, Canadian citizens and permanent residents of Canada will be given priority. Both positions are subject to final budgetary approval.

Applicants for either position should send a curriculum vitae, samples of their scholarly work, statements of their research and teaching interests, evidence of their teaching abilities and effectiveness (course outlines, student evaluations, etc.), and at least three letters of recommendation to:

Chair, Faculty Search Committee
Department of Psychology
University of British Columbia
2136 West Mall
Vancouver, BC Canada V6T 1Z4

To facilitate scheduling of interviews, the two positions have different closing dates for application: 7 November 2008 for the clinical position, and 30 November 2008 for the developmental position.

The Department of Psychology at the University of British Columbia (<http://www.psych.ubc.ca>) invites applications for two tenure-track faculty positions at the rank of **Instructor I**, which will begin 1 July 2009.

Candidates must have a PhD before commencing the position and experience teaching undergraduate courses. Individuals with strong commitments and demonstrated potential to achieve excellence in teaching and academic supervision of undergraduate students are encouraged to apply. Each of the successful candidates will be expected to maintain an excellent record of teaching and service. Each Instructor I will be expected to teach six, one-semester courses per year, typically a combination of Introductory Psychology, Research Methods and Design, and one or more advanced courses in the areas of behavioral neuroscience, cognitive science, and/or developmental psychology.

The starting salary for either position will be commensurate with experience. The University of British Columbia hires based on merit and is committed to employment equity. All qualified candidates are encouraged to apply; however, Canadian citizens and permanent residents of Canada will be given priority. Both positions are subject to final budgetary approval.

Applicants should send a curriculum vitae, a statement of their teaching interests and orientation, evidence of their teaching abilities and effectiveness (course outlines, student evaluations, etc.), and at least three letters of recommendation to:

Chair, Faculty Search Committee
Department of Psychology
University of British Columbia
2136 West Mall
Vancouver, BC Canada V6T 1Z4

The closing date for applications is 15 November 2008.

C P A S E C T I O N S

Aboriginal Psychology

Dr. Mary Hampton and graduate student Kim McKay-McNabb were successful in petitioning a CPA section on Aboriginal Psychology in fall of 2007.

The purpose of the section is to (a) establish a community of psychologists and students interested in research, clinical practice, and teaching issues relevant to Aboriginal people, (b) to acknowledge the historical and political issues that impact Aboriginal mental health, (c) share the strengths and practices of Aboriginals to promote holistic health and healing, and (d) to advocate for culturally appropriate research and clinical practice for Aboriginal people across Canada.

Dr. Dana Bova, bovad@tbh.net

Adult Development and Aging Psychology

Dr. Yves Turgeon, yturgeon@health.nb.ca

Brain and Behaviour

Dr. Robert St. John, stjohn-r@rmc.ca

Clinical Neuropsychology

The Clinical Neuropsychology section has more than 200 members. We deal with professional issues relating to the practice of clinical neuropsychology. A continuous challenge is the limited number of internships that provide specialized training, and the lack of post-doctoral training opportunities in Canada. Involving students early in their careers will help them stay informed regarding Canadian-specific issues relating to education, training, and credentialing. Encouraging student research and providing a forum for discussion (i.e. the listserv), is one of our ongoing goals. We typically have a strong showing of diverse student research at the annual CPA conference.

Dr. Grant Iverson, giverson@interchange.ubc.ca

Clinical Psychology

The purpose of the Section on Clinical Psychology is the promotion of the development of clinical psychology within its broadest definition as a science and a profession. Through its Executive, the Section organizes numerous activities during the annual convention including a pre-conference workshop, keynote and master clinician presentations and a public lecture. We recognize the achievements of our over 1,030 students and Section members through several different awards, including the Ken Bowers Award for student research. Communication among Section members is facilitated through twice yearly newsletters, a list serve and the annual business meeting. Special projects have included the development of public educational materials – "Psychology Works" by Canadian experts.

Dr. John Pearce, John.Pearce@CalgaryHealthRegion.ca

Community

The Community Psychology Section brings together a diverse group of researchers, practitioners, trainees and community members. Our section works to advance understanding of community psychology through various activities. Our Section sponsors conferences and events in Community Psychology in addition to our activities within CPA. We offer the Patrick O'Neill Prize for the best student presentation in the Community Psychology Section at the annual CPA convention. Community Psychology serves to advance research that merges psychology within the community through an inclusive approach to practice and research. For more information, check our website at <http://www.crfh.ca/commppsc>.

Dr. Cyndi Brannen, Cyndi.Brannen@iwk.nshealth.ca

Counselling Psychology

Whether you want to make a contribution to the field of counselling psychology in Canada, achieve professional development goals, or connect with other professionals in the field, the Section of Counselling Psychology is for you. Founded in 1986, this section promotes high standards for counselling psychology education, research and practice. Currently, this section is very active with 300 members. Member benefits include a list-serve and 2 newsletters each of which includes short article. Members are also invited to submit suggestions for topics for the Section Programme at the annual CPA conference where they can network at a free reception. Student members are eligible for annual awards (\$100.00 each) for the best PhD Dissertation, Masters Thesis, Masters Conference Poster, and Doctoral Conference Poster. There is also an annual Distinguished Mem-

ber Award. For more information about this section, contact Sharon Cairns at scairns@ucalgary.ca.

Dr. Sharon Cairns, scairns@ucalgary.ca

Criminal Justice

The Criminal Justice Section continues to grow at a rapid pace. At the time of the annual convention in June 2008, our membership was 399, almost a 30% increase over the previous year. Psychologists who belong to the Section work in a variety of criminal justice settings such as law enforcement, the courts, correctional facilities, hospitals, and universities. We also have a large number of student members. One of our key activities is to keep abreast of developments in the field. To this end, we have hosted conferences, produced and distributed a large newsletter (Crime Scene) twice a year, and maintained a listserv on police psychology issues. Over the past year, members of the section have also conducted a survey of graduate training opportunities at Canadian universities and internship opportunities in correctional settings. Criminal Justice is a very active Section that welcomes new members.

Dr. Jean Folsom (Chair)
Joseph Camilleri, 4jac1@queensu.ca

Developmental Psychology

The Development Psychology Section (DPS) is organized to advance our knowledge in Developmental Psychology (DP), to influence public policy, and to provide opportunities for professional, educational, and societal development in our area. Members receive and contribute to our Newsletter and are active on the DPnet. Recent DPS activities include the Developmental 2000 conference, position papers to influence policy, and a Handbook for DP Graduate Studies in Canada.

Dr. Jennifer Sullivan, jfsulliv@stfx.ca

Environmental Psychology

The Environmental Psychology Section was created to serve members who study the relationships between behaviour and the physical environment, both built and natural.

Dr. Jennifer A. Veitch, jennifer.veitch@nrc-cnrc.gc.ca

Family

The realm of family psychology deals with the multiple ways in which family relationships, societal institutions, biological factors, and cultural factors mutually influence one another throughout the life span. Family psychologists have interests in a number of domains, including marital, parental, and sibling relationships, the impact of normative and non-normative stressors on family functioning, and the treatment of psychological and medical problems within a family context. The mission of the Family Psychology Section of CPA is to encourage and promote:

- awareness of the importance of interpersonal/systemic factors in understanding the human experience,
- conceptually sophisticated, methodologically rigorous, and contextually sensitive research on families,
- psychosocial interventions to assist families in effectively responding to stress, illness, and disability, and
- scientifically informed government and private sector policies that are sensitive to the realities of current family forms in Canada.

Ms. Ranjana Jha, ranjanajha@hotmail.com

Health Psychology

The Health Section of the Canadian Psychological Association is committed to providing information regarding current research and practice, and connecting researchers and clinicians in the field. Health psychology involves understanding how the mind, body, and behavior interact in health and disease. Clinical and experimental research in this area aids in the development of public health recommendations and clinical interventions. The interests of our members cover a wide variety of topics ranging from psychophysiology to pain to adherence.

The Health Section publishes a newsletter "Health Notes" which addresses various topics of health related interest, and reviews recent events in the Canadian and International context. Two awards are available through the health section: the Early Career Award, and the Ron Melzack Student Award.

Dr. Tavis Campbell, ts.campbell@ucalgary.ca

History & Philosophy of Psychology

Philosophy has been the foundation for psychology for many centuries. Our section argues that philosophical and historical thinking plays a crucial role in understanding and developing psychology. The section's ontological studies address the nature of the psychological subject matter, the nature of human mental life, human nature in general, and the nature of psychological categories. Our epistemological studies focus on the discipline's methodology (a general framework for studying psychological topics), methods (specific approaches for studying psychological issues), and their relationship to knowledge. We are also interested in the ethical-political meaning of psychology and psychological practices. Our historical studies include reconstructions in the history of Canadian psychology. The section usually hosts a keynote speaker and awards the Mary J. Wright Award to the best student paper at the annual convention. The History & Philosophy of Psychology (HPP) Bulletin publishes original historical and philosophical work and keeps the section updated about important events in the history and theory of psychology.

Dr. Angelina Baydala, angelina.baydala@uregina.ca

Industrial and Organizational Psychology

The Canadian Society for Industrial and Organizational Psychology was founded in 1975. Members are faculty from psychology departments and business schools, organizational practitioners, consultants, and students. Our mission is to a) scientifically investigate behaviour and cognition at work, b) help organizations effectively manage their human resources, and c) help individuals realize their work goals. CSOP members receive a quarterly newsletter that takes a lively look at current I-O topics and provides advertising for I-O related products and services. They also receive an annual membership directory. CSOP is particularly active at the annual CPA conference, offering professional workshops, prominent speakers, paper and poster sessions, and practitioner forums. CSOP maintains an informative, updated website that includes job postings, internships, links to I-O programs in Canadian universities, and membership information.

Dr. Kevin Kelloway, Kevin.kelloway@smu.ca

International and Cross-Cultural

Since our inception our members have been promoting the development of policies and actions that facilitate greater awareness of and constructive work in dealing with cross-cultural issues in research and practice across a wide variety of areas. Student membership is free and each year we provide awards for the best student paper and poster presentations. This year the John W. Berry Award goes to Sarah Rasmi for her paper "Spare the rod and spoil the child: A comparison of parental warmth and adolescent adjustment across cultures" while the Frances E. Aboud award goes to Stryker Calvez for his poster on "How to understand Canadian Society: Examining the role of cultural values and social axioms in adapting to Canada". For more information about our activities check out our website: <http://tonks.disted.comosun.bc.ca/iccp/>

Dr. Randall Tonks, tonks@comosun.bc.ca

Perception, Learning and Cognition

Dr. James M. Clark, clark@uwinnipeg.ca

Psychoanalytic & Psychodynamic

This section was formed in 2002 to help promote and foster psychoanalytic theory, research, and practice in Canada and worldwide. As an organization we value pluralism and secularity across the history of the psychoanalytic movement through scholarly interchange, education, research, interdisciplinary dialogue, and practical applications to the public it serves. We are represented at the CPA's annual conference, provide a forum for membership exchange, publish a newsletter, and sponsor international awards in psychoanalytic leadership, scholarship, and student achievement. There are a number of links that provide further information about the mission and scope of the section, scholarly activities, and membership opportunities. Please feel free to contact us with any comments you may have regarding this new venture in Canadian psychology.

Dr. Paul Jerry, pajerry@gmail.com

CPA SECTIONS

Sections

Continued from page 18

Psychologists in Education

A national forum for the advancement of research and the practice of psychology in educational settings, membership includes school psychologists active in the delivery of comprehensive psychological services to children, youth, and their families. Researchers among us advance theory and methodology with applications to teaching, training, assessment, and learning across the lifespan, and within diverse populations. In addition to academics and practitioners, we also welcome and encourage student membership.

The section actively advocates for betterment in the educational and health care domains. As part of CPA, we sponsor a full range of sessions at its Annual Convention. In addition, we maintain a tight-knit relationship with the Canadian Association of School Psychologists and the Canadian Journal of School Psychology.

Dr. Joseph Snyder, Joseph.Snyder@concordia.ca

Psychology and Religion

Dr. Marvin McDonald, mcdonald@twu.ca

Psychology in the Military

Our goals are to support the role of ethics in military psychology; to encourage research and education in military psychology; to foster a greater understanding of the role of psychology in military affairs; and to promote the use of psychological theory and research in the military domain.

Dr. Peter Bradley, Bradley-p@rmc.ca

Psychopharmacology

Dr. David Nussbaum, dnuusbaum@utsc.utoronto.ca

Psychophysiology Interest Group

Dr. Alex Vincent, alex.vincent@sympatico.ca

Rural & Northern Psychology

Our purpose is to support and enhance the field of rural and northern psychology. Our goals are:

- Establish a network of professionals interested in the areas of rural and northern psychology.
- Enhance professional connectedness by facilitating linkages between rural and northern practitioners.
- Distribute information relevant to rural and northern psychology.
- Provide a forum to discuss issues unique to this area of specialty.
- Introduce students and new or interested psychologists to the field of rural and northern psychology.

Benefits of Membership:

- Eligible to apply for the section's North Star Student Award
- Access to biannual newsletter "The View From Here: Perspectives in Rural and Northern Psychology"
- Opportunity to network with individuals with similar interests
- Opportunity to represent rural and northern perspective on various CPA committees/task forces

To Join: Contact membership@cpa.ca

Dr. Karen G. Dyck, dyckkg@cc.umanitoba.ca

Sexual Orientation and Gender Identity Issues

The Section on Sexual Orientation and Gender Identity Issues (SOGII) provides a forum for basic and applied researchers, teachers, and practitioners to exchange and discuss research on sexual orientation and gender identity. SOGII is a relatively newer section committed to tackling important research- and practice-based issues.

SOGII membership is open to everyone with interest in various aspects of human sexuality. We encourage faculty, students, and interested community persons to consider joining and/or supporting our section. For those of you who are members already, we thank you, and look forward to seeing you at the next CPA convention!

Dr. Kevin Alderson, alderson@ucalgary.ca

Social and Personality

The section exists to further research in Social and Personality Psychology and to foster relationships among Canadian researchers in these areas. The section organizes a one-day preconference to the annual meeting of the Canadian Psychological Association. The lineup of speakers is always stellar and the preconference offers students and faculty a smaller venue for presentation and interaction prior to the larger meeting. The section also provides awards for the best undergraduate (Ken Dion Award) and graduate (Brendon Gail Rule Award) submission to the annual meeting, and maintains a newsletter, website, and listserve.

Dr. Sean E. Moore, sean.moore@ualberta.ca

Sport & Exercise Psychology

The Sport & Exercise Psychology Section was formed to promote the development of Sport and Exercise Psychology as a special interest area in Psychology. It aims to provide a forum for communication and information dissemination to psychologists, psychology students, and affiliates working with athletes, coaches, parents, sports organizations, and/or other sport science professionals in clinical/counselling, research, and/or teaching/educational roles.

Tricia Orzeck, torzeck@interchange.ubc.ca

Students

The Student Section is the largest CPA section, providing resources for both undergraduate and graduate students. We aim to keep students aware of professional opportunities and issues and to provide supportive resources and information to help students navigate their career-related decisions. Membership benefits include access to a listserv that reaches hundreds of students. We also recruit student submissions to *Psygnopsis*, maintain an active Campus Representative program that links students from various universities to CPA, and organize several activities at the annual convention, including a student social night and student-oriented workshops.

Kelly B. Smith, M.A., 2kbs@queensu.ca

Substance Abuse / Dependence

The primary goal of the Section on Substance

Abuse/Dependence is to promote advances in scientific research, professional training, and clinical practice within the broad range of substance use including the problematic use of alcohol, illicit street drugs, prescription drugs, club drugs and nicotine.

The section aims to achieve these goals through the fostering and promoting of psychology and clinical practice in this field in Canada by:

- Promoting the role of psychologists in the assessment and treatment of alcohol and drug related problems.
- Improving the quality of psychological practice in the drug and alcohol field through establishing and promoting standards of clinical practice, promoting scientific research and psycho-education.
- Promoting professional and public awareness of the roles that psychologists can play in both the assessment and treatment of alcohol and drug related problems.
- Promoting the development of programs for the assessment and treatment of problems of alcohol and use among psychologists.
- Promoting discussion of important issues in the area of substance abuse/dependence.

Dr. David Teplin, dteplin@toxpro.ca

Teaching of Psychology

The general aim of Teaching of Psychology (ToP), a full-fledged CPA Section since 1980, is to provide a forum for the exchange of information, ideas and data concerning all aspects of teaching, including methods and styles of teaching, innovative pedagogical techniques, and aspects of student behaviour and evaluation. To this end, each year at the CPA Convention the Section offers a number of teaching-related symposia, paper sessions and workshops, the ongoing overarching theme of which has been, since 1989, "improving the teaching of psychology". Within this rubric, every three to four years the Section invites an internationally recognized teacher-scholar; past keynote Convention speakers include Phil Zimbardo, Margaret Matlin, John Mitterer, Ludy T. Benjamin, Jr., Bill McKeachie and Bill Buskist.

Dr. Nicholas F. Skinner, nskinner@uwo.ca

Traumatic Stress

Dr. Anne Dietrich, adietrich@telus.net

Women & Psychology

The Section on Women and Psychology (SWAP) creates a community of researchers, teachers and practitioners interested in the psychology of women and feminist psychology, to advance the status of women in psychology, to promote equity for women in general, and to educate psychologists and the public on topics relevant to women and girls. Support for students is provided through an annual student paper award, five travel awards and a convention social event. Members receive three newsletters annually and are connected through an electronic bulletin board. SWAP members regularly organize symposia and pre-conference institutes as well as larger projects such as writing the *Guidelines for ethical psychological practice with women*.

Teresa Janz, Teresa.Janz@statcan.ca



CPA welcomes a new Director of Communications and Stakeholder Relations!

Linda McPhee joined the CPA Head Office team on September 2nd. Linda has many years of experience in the non-profit sector as Director in Communications and Government Relations, and also with the Federal Government as Administrator and Head of Correspondence for a Federal Cabinet Minister. Linda is fluently bilingual in French and English and will be responsible for all of CPA's communications and public and government relations. Her responsibilities directly on behalf of the membership will include oversight of *Psygnopsis*, the website, and membership benefits. Linda can be reached at communications@cpa.ca and at 613-237-2144 ext. 325.

CPA extends its thanks and farewell to Dr. Arcangelo Caputo, CPA Registrar of Accreditation 2006-2008

It was with regret that CPA received the resignation of Dr. Arcangelo Caputo, CPA's Registrar of Accreditation. Dr. Caputo has decided to resign his position at CPA in order to devote more time to his private practice and family life. CPA has been very fortunate for his conscientious attention to the administration of the Accreditation Office and for his hard and excellent work on behalf of the Accreditation Panel. Dr. Caputo's last day with CPA will be December 19th, 2008. We thank Angelo for his work and wish him every success in his future endeavours.



NEWS - NOUVELLES



CALL FOR SUBMISSIONS FOR 2009 CONVENTION

The Convention Committee invites submission to the CPA 70th Annual Convention to be held in Montreal, Quebec, Thursday June 11 – 13, 2009. Your completed submission must be submitted BEFORE NOVEMBER 15th, 2008.

Late submissions will not be considered.

DEMANDE DE COMMUNICATIONS POUR LE CONGRÈS 2009

Le Comité du Congrès vous invite à lui présenter des propositions pour le 70e Congrès annuel de la SCP qui aura lieu à Montréal (Québec) du jeudi 11 juin au samedi 13 juin 2009. Votre formulaire de proposition dûment rempli doit être soumis AVANT la date limite du 15 NOVEMBRE 2008.

Les communications envoyées après cette date ne seront pas acceptées.

WWW.CPA.CA/CONVENTION

Congratulations!

The CPA extends its respect and congratulations to Dr. Janel Gauthier who chaired an initiative of the International Union of Psychological Science (IUPSyS) and the International Association of Applied Psychology (IAAP) in the development of a Universal Declaration of Ethical Principles for Psychologists. Both IUPSyS and IAAP unanimously adopted the declaration in July 2008. The CPA extends its appreciation as well to Drs. Jean Pettifor and Carole Sinclair whose work developing the CPA Code of Ethics was so important to Canadian Psychology's contribution to this international work. CPA will be very glad to receive and vote on the adoption of the Declaration when its Board next meets in November 2008. For more information on the Declaration, see Dr. Gauthier's article in this issue of Psynopsis.

Félicitations!

La SCP tient à témoigner de son respect et à adresser ses félicitations à D^e Janel Gauthier qui a présidé une initiative de l'International Union of Psychological Science (IUPSyS) et de l'International Association of Applied Psychology (IAAP) dans la création de la déclaration universelle des principes déontologiques des psychologues. L'IUPSyS et l'IAAP ont unanimement adopté la déclaration en juillet 2008. La SCP tient aussi à manifester son appréciation à l'endroit de D^{rs} Jean Pettifor et Carole Sinclair dont le travail de rédaction du Code de déontologie de la SCP a joué un rôle primordial dans la contribution de la psychologie canadienne à cette entreprise internationale. C'est avec un très grand plaisir que la SCP accueillera le document et votera son adoption à l'occasion de la réunion du conseil d'administration qui aura lieu en novembre prochain. Pour obtenir plus d'information au sujet de la déclaration, veuillez vous reporter à l'article de D^e Gauthier dans le présent numéro de Psynopsis.

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Help a Struggling Learner...

Do you know an Emily?

Emily is a quiet and friendly fifth grader. In her previous school, she received frequent one-on-one assistance with academic tasks from a consulting teacher. Her current teacher reports that Emily has difficulties in keeping up with her peers and requires redirection to complete classroom assignments.



The teacher approaches you, the school psychologist, with the following questions:

1. Why does Emily struggle to complete her classroom assignments in a timely manner?
2. What are Emily's cognitive strengths in the classroom?
3. Why does Emily struggle to keep up with her classroom peers?
4. What other strategies can be attempted to enhance her learning capabilities?



By administering the **Wechsler Nonverbal Scale of Ability**, you can identify the underlying cause(s) for Emily's learning delays. The results help provide guidance in developing appropriate intervention strategies.

Be confident in your recommendations even with special populations, for example with students who speak a different language or experience language difficulties, or with autistic or hard-of-hearing individuals.



Administered by the resource teacher in the tutoring class, the **Wechsler Fundamentals: Academic Skills** can help reveal potential learning disabilities for Emily. It provides a quick and accurate snapshot of her reading comprehension, spelling, numerical operations, and word reading skill levels.



The PAL-II provides a better understanding of Emily's skills regarding place value, part-to-whole relationships, and self-monitoring of errors.

Through these evaluations, you and the IEP team can determine the appropriate instructional intervention plan to improve Emily's learning potential.

For more information on these assessment tools, visit PsychCorp.ca.



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CAMPUS CORNER

Spotlight on Psychology at Ryerson University

JENNY ROGOJANSKI, Master's Student, CPA Graduate Representative; VALERIE VORSTENBOSCH, Master's Student; MICHAEL MAKSIMOWSKI, Master's Student



Ryerson University, located in downtown Toronto, launched its undergraduate Psychology program in Fall 2006, followed by the launch of Canada's newest Psychology MA/PhD program in Fall 2007.

The Faculty of Arts at Ryerson University is one of the fastest growing in the country, and the department of psychology has almost doubled in size over the past few years, with over 15 faculty members hired since 2005. The graduate program in Psychology offers an innovative curriculum that is anchored in real-world issues with the mission of providing students with career-focused training.

Psychological Science Program:

The Psychological Science program grounds students in the theory and methodology of experimental research. Under the supervision of faculty researchers, students have the academic and technological resources to investigate real-world issues related to topics such as the social psychological effects of the media, psychology and law, learning and memory, auditory and visual perception, neuroscience, and health. The curriculum includes required courses in research methods, statistics, and professional issues, as well as a wide range of electives.

Practicum placements provide opportunities to apply research and teaching skills in various community settings, such as healthcare, industry, education, and human factors engineering. The Psychological Science program gives students the support to become accomplished researchers.

Clinical Psychology Program:

The Clinical Psychology program is based on a scientist-practitioner model and has been designed to meet the CPA's accreditation standards (pending application and approval). Training is firmly rooted in empirically-supported practice and clinically-relevant research. The curriculum includes core clinical courses, courses in research methods and statistics, a variety of elective courses, and clinical practicum placements that provide an opportunity for students to put their skills into practice. Practicum placements occur in a wide range of institutions and agencies, including local hospitals, mental health agencies/clinics, university counseling centres, and others. Ryerson is located in close



proximity to eight major hospitals, giving students direct access to excellent training opportunities. There are also plans to develop a fully equipped, in-house training clinic, which will provide an additional training facility for Clinical Psychology students.

Faculty and Research:

Trained at some of the top universities in Canada, the United States, and around the world, faculty brings leading-edge scientific and clinical training approaches to student development. Faculty in the department hold external funding from SSHRC, NSERC, CIHR, CFI, NIH, and Canadian Foundation for Aids Research, Ontario Mental Health Foundation, Ontario HIV Treatment Network, the Lance Armstrong Foundation, and other agencies. In addition, the director of our graduate program in psychology, Dr. Martin M. Antony, is currently President-Elect of the

environment fosters our integrative research and training theme while supporting the collective pursuit of science, discovery, health, and well-being.

Student Life:

At Ryerson University, students learn as much outside of the classroom as they do inside. In addition to the large number of practicum opportunities, students have the opportunity to join various student organizations at both the graduate and undergraduate level. Students also play a critical role in curriculum development and can serve as student representatives on their respective program committee. Most of our current graduate students hold external scholarships, including awards from OGS, SSHRC, and CIHR.

For more information regarding the psychology program at Ryerson University, please visit <http://www.ryerson.ca/psychology/graduate>.

Available Campus Representative Positions!

The following institutions have Campus Representative positions available:

Athabasca (grad)
 Bishop's (undergrad)
 Brandon (undergrad)
 Cape Breton (undergrad)
 Concordia (undergrad)
 U C of the Fraser Valley (undergrad)
 Dalhousie (undergrad)
 U of Guelph (undergrad)
 Lakehead (undergrad)
 Laurentian (undergrad)
 U Laval (undergrad)
 U Lethbridge (undergrad & grad)
 U of Manitoba (grad)
 McGill (undergrad)
 McMaster (grad)
 U de Moncton (undergrad & grad)
 Mount St Vincent (grad)
 UNB-Fredericton (undergrad)
 UNB-Saint John (undergrad & grad)
 Nipissing (undergrad)
 UNBC (undergrad & grad)
 U du Québec à Montréal (undergrad)
 U du Québec à Trois-Rivières (undergrad & grad)
 U of Regina (undergrad)
 Royal Military College of Canada (undergrad)
 St Thomas U (undergrad)
 U of Saskatchewan (undergrad & grad)
 U de Sherbrooke (undergrad & grad)
 Simon Fraser (undergrad)
 U of Toronto (grad)
 U of Toronto-Mississauga (grad)
 Trent (undergrad)
 Vancouver Island U (undergrad)
 U Victoria (undergrad)
 U of Waterloo (undergrad & grad)

For updated information on available campus rep positions, please also visit our website at: <http://www.cpa.ca/students/studentpsychology/campus-representation/>. For more information on becoming a student rep, please contact Nicole Wilson, Campus Representative Coordinator, nicole.wilson1@smu.ca.

Welcome Students!

KELLY B. SMITH, M.A., Queen's University, Chair of the CPA Section for Students



I would like to take this opportunity to welcome all students to a new academic year. I am also pleased to introduce the 2008-2009 Executive of CPA's Section for Students:

Past Chair

Lindsay Uman, Dalhousie University

Chair & Student Representative on CPA's Board of Directors

Kelly Smith, Queen's University

Chair-Elect

Philip Jai Johnson, McGill University

Campus Representative Coordinator

Nicole Wilson, Saint Mary's University

Secretary/Treasurer

Pamela Seeds, University of Western Ontario

Undergraduate Affairs Coordinator

Margaret Hilton, University of Toronto

Communications Officer

Annie Drouin, University of Ottawa

Website & Listserv Manager

Kelly Hayton

The Section for Students is the largest section in CPA, comprised of over 1400 members from various universities and colleges (<http://www.cpa.ca/students>). The Section provides opportunities for stu-

dents to learn from each other and to begin preparing for their careers in psychology. The past several years have seen a growth in our Section's membership, and some exciting initiatives have occurred. One such initiative has been the creation of a Communications position on the Executive, in which the main role is to help with translations as we strive to become a truly bilingual section. A comprehensive set of bylaws for our Section has also been recently created and approved - you can find these on our website (<http://www.cpa.ca/students/studentpsychology/resources/>).

In 2008-2009, the Section will continue to be involved in a number of activities and events, including promoting Psychology month in February, conducting formalized elections for Executive positions, and liaising with the National Health Sciences Student's Association (NHSSA). We will also continue to recruit student submissions for Psynopsis (<http://www.cpa.ca/publications/psynopsis/>). If you are interested in submitting an article to Psynopsis about a student-relevant topic or in writing a 'Campus Corner' profile, please contact Philip Johnson, Chair-Elect, philip.johnson@mail.mcgill.ca.

In keeping with past years, the Section will ac-

STUDENTS



The CPA Foundation would like to thank everyone who generously donated items for our Silent Auction

La fondation de la SCP voudrait remercier tous ceux et celles qui ont généreusement donné des articles pour notre enchère silencieuse :

Ann Marie Plante
Bernard Bertrand
Brick Books
Canadian Psychological Association
Cielo Printing
Clearwater
Chevalier de Colomb – Buckingham
Catherine M. Lee
Dale D'Alessio
Delta Barrington Hotel

Diane Dupuis
Don Saklofske
Dow Honda
Diane Nicholson
David Nussbaum
Eric Thom
Elizabeth Church
Gillin Engineering
Globe Trophy
Hotel Indigo
Irene Thom
Ian Nicholson

Jane Grantmyre
Jean Bastien
Kelly Smith
Karen Cohen
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Marriott Harbourfront Hotel
Marriott Residence Inn
N.S. Museum of Natural History
Martin M. Antony & Cynthia Crawford

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Renée Bertrand
Sharp Canada
Sunshine Orthodontics Inc.
Thomas Hadjistavropoulos
The Reading Foundation
Tim Hortons
Uniglobe Travel
Wilfrid & Sylvia Bastien

Students

Continued from page 22

tively prepare student-based workshops for presentation at the annual CPA Convention. The 70th Annual Convention will be held in Montreal from June 11-13, 2009, where, in addition to excellent presentations and posters, you can enjoy great restaurants, nightlife, and shopping. Our Section will again host the annual student social night which is always a great way to meet others from across the country. The deadline for convention submissions is November 15th – please mark your calendars, submit an abstract, and plan to join us in Montreal!

Finally, our Campus Representative Program continues to be active, as we aim to have an undergraduate, graduate, and faculty CPA representative at every Canadian university and college. Becoming a student representative is a great way to become more involved with CPA and to act as a liaison between CPA and the students in your department. To see if the rep position at your institution is vacant, please visit our website (<http://www.cpa.ca/students/studentinspsychology/campusrepresentation/>). For more information on becoming a student rep, please contact Nicole Wilson, Campus Representative Coordinator, nicole.wilson1@smu.ca.

I am proud to be the Chair of this active section, and I look forward to serving you this year. If you have an idea for an event or initiative that you would like to see the Section become involved with, please do not hesitate to contact me at 2kbs@queensu.ca. I would love to hear from you and we welcome any suggestions and feedback that you may have! On behalf of the Executive of the Section for Students, I wish you all a successful, healthy, and happy year.



The Core Program: A Cognitive Behavioural Guide to Depression

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Randy J. Paterson • Lynn E. Alden • William J. Koch

The Changeways Clinic Core Program is used across Canada as the basis for group therapy for depression. But not everyone can access - or provide - a group.

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The program is available in a single-user version, and as a Clinician Edition. The latter provides multiple copies of the MP3-CD plus pdf masters of the manual so that you can reproduce it for your own clients.

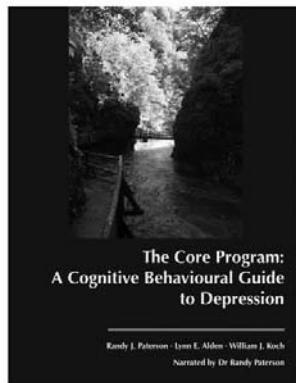
About the Narrator: Dr Randy Paterson is the Director of Changeways Clinic and the author of *Your Depression Map* and *The Assertiveness Workbook* as well as many other treatment manuals and guides. He has provided professional training in the treatment of depression across Canada and in Australia, New Zealand, and China.

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LAUREATES OF THE CPA 2008 CERTIFICATE OF ACADEMIC EXCELLENCE LES RÉCIPENDIAIRES DU CERTIFICAT D'EXCELLENCE ACADÉMIQUE DE LA SCP 2008

Many thanks to all departments of psychology who participated in the programme. The CPA strongly believes that students are the future of psychology and that they should be encouraged by having their achievements recognized. Congratulations to the following students for their outstanding thesis for the academic year 2007-2008.

Merci à tous les départements de psychologie qui ont participé au programme. La Société canadienne de psychologie croit fermement que l'avenir de la psychologie réside dans les étudiants et qu'il est important de les appuyer en reconnaissant leurs réalisations. Félicitations à tous les étudiants et étudiantes suivants pour la qualité exceptionnelle de leur dissertation pour l'année 2007-2008.

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Tina Weston
Karen Zwicker
Masters Thesis
Julia Feldstein

BISHOP'S UNIVERSITY
Department of Psychology
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Megan Pope
Matthew Sigal

UNIVERSITY OF BRITISH COLUMBIA
Department of Educational & Counselling Psychology & Special Education
Masters Thesis
Carla Haber

Department of Psychology
Honours Thesis
Yun Li
Naz Akmal
Meanne Chan
Masters Thesis
Carl Falk
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Doctoral Thesis
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Melissa A. MacDonald
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Andrew Choi
Kathleen Wonch
Jessica Chan

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Olga Oulanova
Iara Costa
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Stephanie Pantel

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Andrew Choi
Kathleen Wonch
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Dilys Haner
Aliya Solski
Masters Thesis
Laura Ball
Gregory Knoll
Jennifer Summers
Doctoral Thesis
Dawn Brandlmayr
Tobi Lubinsky
Jonathan Weiss

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Masters Thesis
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Doctoral Thesis
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